



## Find Love at Any and All Stages of Life

Love comes in many shapes, sizes, and colors. Just as all human interaction, no two experiences are identical. You may be exploring the dating scene, going through a messy divorce, deciding if your new lover is your soul mate, or grappling with empty nest syndrome. The reality is that while deep down we know it's worth the risk, love can be confusing and frightening—so much so that you consider throwing in the towel.

How do you find the confidence and strength to take the plunge, overcome your fears, and trust that true love will prevail in the end? We know this is not easy. Heck, it might even seem impossible. That's OK. Whether you know what you want from life and love or you're still trying to figure that part out, our Advisors are here to guide you every step of the way.

There will be times when you need validation; there will be times when you need to know the next step to take; and there will be times when you think that maybe love just isn't for you. Keep going! Keep reaching for the love you want and deserve. Life has a tendency to throw curveballs when we least expect—let Psychic Source be your catcher's mitt. Love is all about taking chances and being open to exploring all possibilities. You never know what, or whom, will be revealed!

*"Nobody said it was easy.  
No one ever said it would be this hard."  
-Coldplay*

### In This Issue:

**Pg. 2** 5 Simple Steps to Find True Love  
by Psychic Mackenzie

**Pg. 3** Dating After Divorce:  
4 Ways to Avoid the Rebound Effect

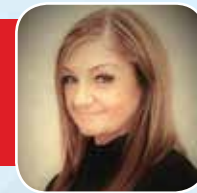
**Pg. 4-5** Advisor Talk:  
Coping with Different Stages of Love

**Pg. 6** You're Never too Old for Love by Psychic Narnia

**Pg. 7** Exploring the Power of First Love by Psychic Stasch

**Pg. 8** Infographic: Which Stage of Love are You In?

# 5 Simple Steps to Find True Love Without Wasting Your Time



by *Psychic Mackenzie*  
x9602

*True love, what so many yearn for, is often described as feeling “complete.” There’s nothing like finding that special someone to settle down with and start a family. What is it you are really looking for? Are you seeking platinum, spiritual, long-term love versus a comforting one night stand or short-term relationship? How do you know if you’re with the “right one” or if you’re wasting your time? I’d like to explain how the angels (through a trained psychic) can direct you to find your true love and to recognize if someone’s in it for the long-run.*

## *There are two types of love:*

- 1. Eternal Love:** Spiritual or divine, unconditional love that you know without question is real and you’re not wasting your time. When you find this type of in-your-face love, you’ll know it and feel it deeply.
- 2. Short-Term Love:** Hookups or short-term relationships that serve a physical or emotional need. These relationships often include healing from a past breakup or uncertainty of what one wants and can be very destructive.

## *There are two types of love seekers:*

1. Those who don’t already have someone in mind and are hoping to find their true love.
2. Those deciding on whether the one they care for is the true love they hope to be with forever or if he or she is just a lesson that needs to be learned.

## *Steps to Find True Love*

**1. Focus on what you want.** At the start of any psychic reading it’s important to gather the facts so we can remove the blocks that restrain us from clarity. I’ll ask questions like:

- Are you sabotaging your own chances of finding the right one quickly?
- What is the one absolute quality you need to succeed, not just in love, in anything?
- Are you focused on what you want with laser vision?

So now we’ve answered the question, “What’s keeping me from finding true love?”

**2. Seek clarity and gather the facts.** Because of blocks or any number of reasons we’re often confused about what we really want. So, before you get started on finding true love your way, and to remove all blocks, do the research. Seek clarity from someone objective who isn’t up close and personal in your life. A psychic Advisor is the perfect for this—not only are they objective, they’re gifted at seeing things you may have overlooked.

**3. Find true love your way.** You must choose eternal love over short-term attraction, even if it’s difficult. Have you been settling for less and disturbing your natural energy? Remember, a one night fling isn’t what you want if you’re looking for long-term. There’s a soul mate (or multiple soul-mates) for everyone. You can find them quickly if you suck it up now and work to find the one you’re meant to be with.

**4. Stand firm!** If something feels wrong or confusing, be willing to walk away. Make a list of must-haves and dealbreakers. If even one factor is off or unfulfilled, move on quickly. I know that sounds like a hard and fast approach but I’ve learned through my life’s work as a relationship adviser and intuitive that if one point is off, sadness will come later. Without a list or action plan, a business person isn’t laser-focused, right? It’s the same with spiritual action plans.

**5. Control your libido.** Sexual or chemical attraction is powerful. See it for what it is or be willing to feel the hurt later. Each person on earth is very unique and has their own set of needs. Just because you fell for someone who

doesn’t feel the same, don’t take it personally. You are as beautiful now as the day you were born. You can find love that lasts a lifetime if you can control your libido. Holding out forces you to be laser-focused on finding the “right one” more quickly.

## *Key factors to when looking for a partner:*

Opposites don’t always attract and sometimes it’s best to be like-minded. When looking for a lasting partnership consider the following:

<b>Money</b>	There should be a healthy balance and clear communication around finances.
<b>Sex</b>	A driving force in a physical and spiritual relationship.
<b>Lifestyle</b>	Being like-minded isn’t essential but it’s very important.
<b>Family</b>	Fortunately or unfortunately, our families play a big role in our relationships.
<b>Values</b>	Sharing similar morals and principles is essential in a long-term relationship.

No amount of weakness now, however fulfilling, will compare to the heartache and stress of loss later. Make sure your potential partner adds up before you invest your emotions. If you’re already invested, bolt! If you’re laser-focused on finding eternal love then why would you waste time with someone who doesn’t add up? Eternal or short-term, you will get exactly what you’re looking for. A psychic, unlike many other humans, has the gift of insight. Psychic Source takes great care to find real psychics who have genuine compassion for others, are non-judgmental, and who can bring clarity to any and all situations concerning love and so much more. An intuitive can dig deeper into the heart, soul and intentions of others, giving you clarity to turn your situation around for good.



# Dating After Divorce:

## *4 Ways to Avoid the Rebound Effect*

You just got divorced. Eager to get on with your life, you consult an online psychic to see if romance is in the near future. Jumping into the dating pool might seem like a good idea to move on or ease the loneliness. But hold your horses. More likely, you're heading for a rebound relationship. Rebound relationships are usually knee-jerk reactions to breakups and seldom end well. Here's why, and how, to avoid the rebound effect.

**1. Take time to grieve.** Divorce is never easy. Not only are you dealing with legal matters but also battling the emotional blowout. The Holmes and Rahe Stress Scale<sup>1</sup> lists divorce as the second most stressful life event, after the death of a spouse. With divorce, because the spouse is still alive, few realize it is also a loss that needs grieving. Despite well-meaning friends urging you to "get back on the horse" and start dating, don't rush it. Only time heals the wounds of grief. Rushing into a rebound relationship only delays the crucial grieving process.

**2. Don't make emotional decisions.** During the raw and painful aftermath of a divorce, you're a swirling mess of emotions - hurt, anger, loneliness. You might want to dive into a new relationship to prove you're still attractive. Maybe it's revenge; the satisfaction of showing your ex that you've found someone else. Whatever the motivation, it's an emotional decision. Emotional decisions are usually hasty and irrational. This is a surefire way to choose the next Mr. or Ms. Wrong.

**3. Rediscover yourself.** In a long-term marriage, most people find themselves caught in the roles of spouse and parent. They lose themselves along the way. This leaves many feeling lost when the role of spouse ends. It's another reason people latch on to someone too soon. They've forgotten how to exist without another person and think a new person will fill the emptiness. However, this is the best time to focus on you. Pick up an old hobby or explore new activities. Spend time with friends and, most importantly, spend time alone. Be comfortable by yourself first before being with someone else.

**4. Meet new people.** If you've worked your way through the muck of your divorce, it's time to get out there and meet new people. Yes, this could include dipping your toe in the dating pool. Seeing what the cards say in a love tarot reading might be just what you need. Psychology Today reports that those who are more emotionally stable after a divorce cope better with a new relationship when newly single. Dating can boost your self-esteem and confidence. So dating after a divorce, if you've followed the steps above, can help you move on with your life in a healthy way.

The world has sped up, and we live in an instant age. It's no surprise then that many people also feel the need to hurry the healing process when it comes to loss. Some things just can't be hurried. Taking the time to heal fully when a marriage ends takes time. Give yourself that time. It will help you choose your next partner more wisely.



### *Video Readings*

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# Advisor Talk:

## Coping with Different Stages of Love

### Overcome “Empty Nest” Blues



**Tivon Ext. 9781**

*The nest was an incubation center to support family to grow. It's not empty now—it's full of potential and possibilities! If you're still married and both are empty nesters then what a wonderful way to do the things you've always wanted to do together. If you're a single empty nester, move forward in small steps. Build a social life going out with friends and get active in groups interested in the same things as you. To meet your destined post-empty nest person, you need to show up and be out there.*



**Donovan Ext. 8351**

*Exercise. Take classes. Visit places you've always wanted to see. Re-explore those hobbies you set aside when the nest started filling up. Stay busy yet reflective.*



**Carrie Ext. 9396**

*Realize it's now your time! Rekindle friendships, become more active socially, get more involved in your community.*

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### Find Love Through Dating



**Clarissa Ext. 9646**

*First, get in the mood with positive affirmations. Look in the mirror, smile, and say directly to yourself, “You’re beautiful and everybody loves you.” If you feel resistance, practice. Watch romantic movies, read love stories, poems, or dating blogs. Soon you should start to feel jazzed about dating. Second, design a strategy. Tell your friends to fix you up; sign up for a dating service, or attend singles’ activities. Third, envision. Do rituals, ask your angels, pray and whatever else you can think of to stay focused. And finally, have fun! A long-term relationship is ideal, but if you can convince yourself to enjoy this funny, sometimes delightful, sometimes bumbling art of dating, the memories will warm and entertain you forever. Here at Psychic Source, we have an extra, inner perspective on love and the human experience. Include us in your journey and you won’t regret it!*



**Jamie Ext. 9537**

*Dating takes a lot of energy, so it's important that you have a regular routine of good self-care in place. Each time you put yourself out there it can feel risky. Your body is sent signals of alert which require energy to maintain. If your energy falls low, it can become hard to recognize that special someone. Give to each of these four areas to sustain a healthy balance: Soul – connect daily to something that inspires your vision of love. Body – eat, exercise and sleep regularly. Heart – journal and vision-board your hopes, wishes and dreams frequently. Mind – each time you catch a negative thought, whisper OM, a universal love sound. These may sound simple, but well-being does not have to be hard. When you feel good and energized, you will attract someone who loves and appreciates your beautiful self!*



*Love has many layers. It's completely normal to feel lonely, stuck, scared, or helpless on your journey for love. Our Advisors help people everyday overcome these feelings, find their best selves, and welcome the love they truly deserve.*



**Circe Ext. 9746**

*Dating is a time to really enjoy getting to know people so don't rush it. Keep up your own friendships and self-care routines. Be yourself—that is the person who you want your date to get to know. And I can't stress enough to trust your intuition. If something feels off or things don't add up, take yourself seriously. Don't discount your feelings for what someone tells you.*



**Shoshanna Ext. 9481**

*The biggest misconception when finding love through dating is looking for the "perfect person" whom we know doesn't truly exist. What you want is the best relationship for you. Dating can be like conducting a job interview; you're "interviewing" this person for those attributes you deem important to you (similar spiritual beliefs, trust, common interests, financial security, confidence). If he/she doesn't match your preferred attributes, it's probably best you move on.*

## *Bouncing Back After Divorce*



**Arielle Ext. 8367**

*Moving on can be very complicated when you thought your marriage would last forever. Starting over from scratch, getting to know someone new, and placing your trust, mind, heart, body and soul in the hands of a complete stranger can be frightening. To obtain a more satisfying relationship in the future, try these tips: Go out at least twice a week (it would be difficult for your angels to bring love to your front door). Only look for friends—true love is more available if you're not looking for it. Keep your confidence—it creates a beautiful aura.*



**Athena Ext. 9749**

*You must love yourself in order to receive love from another. Let go of people who have become toxic, abusive, or draining. Do so so without reservation or guilt. Rediscover your passions, embrace your gifts and unique qualities, improve what you can about yourself and make peace with what you can not. Don't let other's self limiting beliefs, fears, and negative experiences become your truth. Your soul mate is looking for you at this moment as you are reading these words. Lastly, accept the death of the old relationship. View the end of it as a blessing and a valuable lesson.*



**Annaleigh Ext. 9812**

*Release fear and reward yourself with new confidence. Know that love will find you. Your life journeys have only begun and your new love relationship after divorce can seem unbelievable but worth the miracle in love.*



**Jasper Ext. 9784**

*Allow yourself true healing time and learn to love you first. Love you enough to know you are worthy of the kind of love that is honest and supportive. The kind of love that is kind and understanding. For you are worth love and light. Let your journey start with healing love as the gift you give to yourself and positive love will come to you in waves.*

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Psychic Source  
Challenge!*

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**Details Coming Soon!**

# You're Never too Old for Love



by *Psychic  
Narnia*  
x7735



Finding love at any stage in life can be a challenge. But opening yourself up to love later in life can be particularly daunting. An issue that comes up regularly with clients in this stage of life is how hard it is to put yourself and your own needs first. For so much of your life you have lived for other people. You were taught from an early age that sacrifice was important in relationships and you should give up your needs for a spouse, for children, or for aging parents who need your help.

For many seniors that is an attitude which is hard to change. The secret to finding love at any age, but especially when you are at a more mature stage in life, is to make yourself a priority. That might seem counter-intuitive, especially for people who have spent their lives making others a priority.

The first step in that is to validate your own feelings. You deserve to love and be loved! That might sound simple, but it can be the hardest realization especially in the senior years. What you need and what you want is just as valid as what anyone else wants. You don't have to change or be different to be with someone. If the person truly loves you, they don't want you to change—they will not only accept you for who you are, they will cherish you for it. That is hard for some people to learn. Especially for people who have spent their lives bending themselves to fit what others need. Another pattern that comes up in readings for some of my senior clients is trying to give themselves permission to love again and finding that it is really hard. It is especially difficult if the reason for needing to find love is the loss of a spouse or loved one whom you shared many years of your life with.

Is it okay to love again? Will it tarnish the memory of the love you had with the person who is no longer here? It is very hard to give yourself permission to love again when you have lost someone, but it is especially hard when you have spent decades of your life with someone who has now passed.

Wanting to find love again can lead to a tremendous amount of guilt. Please know that it is okay and normal to feel guilt when looking for love after loss. But also remember that your life didn't end when your loved one's did. You deserve to be happy and that doesn't diminish the happiness you had with the one you lost. Love is an important part of being healthy and happy. Love enriches every aspect of your life, so it is important to give yourself permission to pursue that.

You are never too old to enjoy love - just be true to yourself while doing it!



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free readings?!***

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Not to be combined with any other offer.

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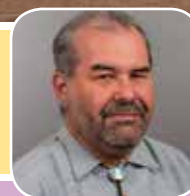
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## Exploring the Power of First Love



by *Psychic Stasch*  
x9303

Why is first love so memorable? Namely because powerful emotions define it. Excitement, passion, desire, chance-taking, and the rush of exploring something new, all combine to create a unique experience. It is that initial taste of the most elusive and most blatant part of humanity that has the ability to shock, amaze and delight. This can end in swift heartbreak or continue on for long-term commitment.

Because of this, the price of love is high. With so much risk and so little experience, the result can be a disaster or a wonderful world of eternal happiness. For a rare lucky few, a crush in youth can become a bride or groom. For most, it will be a passing memory; the result of a child's decision leading to adult responsibility. And for some, it is best left buried deeply in the past. That very first love is also a gateway. It's the dividing line between childhood and adulthood, where one crosses and can never go back. In one act, your perspective of the world and life itself is forever altered. Once you enter the house of love, you cannot return to innocence. This is complicated because first impressions can be lasting ones. The imprint of first love can be so strong that every following one is measured against it, causing it to become the format for the future with little room for deviation.

Just as first love is a rush of new feelings, the wonder of love is not the exclusive terrain of the young. As lives change in a world in constant flux, situations and circumstances can lead to the search for a new companion later in life. By choice, or the unexpected, plans can and do change. When they do, one enters the world of dating in a digital age. Technology has in some ways made meeting people easier. In another it has made it more difficult for those who find computers and smart phones complex and frustrating. However, even when love comes for an encore, that does not mean it has lost any of its excitement, fear, anxiety or joy the second time around. In many ways, experience, self-knowledge and realistic expectations can make it as enjoyable, or even more so, than that first time.



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## Which Stage of Love are You In?

Understanding where you stand in life and love will help you prepare for the future. Also, find out which type of reading is best for your current situation.

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at [psychicsource.com](http://psychicsource.com)



The 5 Stages of Love

## Where Are You?

*True love has many stages,  
and a healthy relationship can look very  
different in each one.*

