If you’re new to Psychic Source or psychic readings in general, you might be wondering, “Where do I start?” To help you answer this question (and many others you might have) we put together this guide as a gift to new customers to make your reading experience as easy and enjoyable as possible. After all, your satisfaction is 100% guaranteed so we intend to keep to our promise!

For psychic guidance to be the most beneficial, it’s best to view your readings as part of a journey of self-discovery rather than a one-off experience. It could take some time to find your favorite psychics or develop solid connections but it’ll be absolutely worth it when you’ve built that relationship.

Before your first reading, we’ll help you out with what you can expect—everything you need to know about how psychics work, common misconceptions, timelines, fate, destiny, and predictions. Once you’re ready to start, you’ll need to choose a psychic, which can seem overwhelming. Should you contact an empath, a clairvoyant, or a medium? What about a dream interpreter or a tarot reader? In this guide, we provide videos, infographics, and articles to help you determine which type of Advisor, reading style, tools, or gifts would best suit what you’re looking for.

Got your psychic? Great! Then you’ll want to prepare for your reading. This part includes powerful questions to ask, ways to calm yourself and make mental and physical space so you can be truly focused and tuned into the reading, as well as how to best retain the information you receive.

Once you’ve had your first reading, you’re not done! What if you didn’t like the advice you received or the predictions aren’t panning out? Don’t worry, we provide resources to help you decide where to go next. Enjoy the journey, have fun, and remember to keep an open mind and heart. Now let’s get started!
Chapter 1:
What Should You Expect From a Psychic Reading

What You Need To Know Before Receiving Your First Psychic Reading

Unsure about if getting a psychic reading is right for you? It's only natural to have questions about how to prepare and what to expect from your first Psychic Reading. It also helps to have a better understanding of what it even means to be psychic and how psychic information is received. Armed with this knowledge, it can help break down preconceived notions and connotations to improve your first psychic reading experience.

What is Psychic Information?
Psychic information is interpreting energy that is coming from a soul level and beyond the physical realm. It is delivered through thoughts, feelings and ideas. We all receive psychic information in one way or another, and the Psychics at Psychic Source have honed and trained these senses for many years before doing readings for clients.

How is Psychic Information Received?
Receiving information psychically isn't like receiving a phone call. It comes from another dimension, which is filmed with layers of energy fields. It's like trying to have a conversation underwater: you can sort of hear the information, but it's not crystal clear. This is why psychics always check with their intuition and verify the information they are receiving. A psychic has to ask a lot of questions, like a detective, to connect the dots and pass on accurate information to their client.

Reading without Judgment
Psychics should never give you their personal opinion; it is not their place to advise a client, as advice is based off human experience. They will only tell you the spiritual information they are psychically receiving, and can look at the energy surrounding a client's situation. Nothing is “good” or “bad” in the spiritual realm; everything simply is, and no judgment is involved.

An ethical psychic also won’t delve into any areas of your life without your permission. They should never look at the energy of any situation unless it is at your request. They also won’t look at a third party unless it is directly related to you, as that would be an invasion of another person's privacy.

Ultimate, a psychic is not here to tell you what to do, but instead to give you information that will empower you to make positive choices in your life.

You are always in control of your life, and a psychic can help you see the options that are in front of you and what the possible outcomes will be. We hope you enjoy your first psychic reading as much as you enjoy your 100th reading. Psychic Source is proud to have over 250 gifted psychic advisors available for phone and chat readings, 24 hours a day, 365 days a year, all ready to help guide you through life's possibilities.

VIDEO: How Do Psychics Work?

INFOGRAPHIC: What to Expect from a psychic reading

Related Articles:

4 Misconceptions That Can Ruin Your Psychic Reading
By Psychic Connie

Why Are Timelines Hard To Predict?
By Psychic Rowen
Chapter 2: Choosing a Psychic

Choosing The Right Psychic For Your Needs

When you need to seek the advice of a psychic, your choices can seem overwhelming. There are many experts, and it’s important to find one you connect with and who provides the type of reading you want. When deciding on a psychic, consider what each expert has to offer to find the one that fits your needs.

When to Seek Out an Empath

Empath psychics can sense the feelings and emotions of those around them. They also say that they can pick up on the emotions of those closest to the client. If you’re having trouble understanding why you feel sadness or anxiety, an empath psychic can help you grasp the reasons for these emotions.

Likewise, if you’re struggling to understand the feelings of friends or family, an empath can assist you. For example, if you feel like you and your spouse are arguing more than usual, an empath psychic can tell whether these arguments stem from stress your spouse is experiencing from his or her job, or from a secret he or she is trying to hide.

When to Choose a Psychic Medium

The death of a loved one is a traumatic event. For those of us who want to communicate with the deceased or who need answers, psychic mediums can get messages from the spirit world and pass them along to the living. If a friend or loved one has passed away, a psychic medium can help you communicate with that person again. They can relay messages from a deceased family member to help you past your grief, or let you know that a friend is still by your side even though that person is physically gone. Psychic mediums can also communicate with angels and spiritual guides to help you on your journey in life.

VIDEO: How to Choose a Psychic

INFOGRAPHIC: Choosing the Right Psychic

Related Articles:

- What To Expect From a Reading With A Medium
  By Psychic Rheda
- Do You Know The Different Niches Of Psychics?
  By Psychic Rowen
- How is an Empath Different Than a Psychic?
  By Psychic Jeremy
10 Tips For A Great Psychic Reading By Psychic Willow

For over 43 years as a professional tarot reader, I’ve learned a little something about helping each client achieve the most from their session. Some tips are very simple while others may require you to take a deep breath and push through the suggestion with an open mind.

1. Don’t give too much information.
If your reader asks you for basic information such as, “Where can we begin?” Or “What’s your greatest concern?” Please understand that we’re simply wanting to get to the heart of the matter.

2. Have paper and a pen/pencil reading.
I’ve discovered that my clients are grateful for the notes. They make a good backup so you don’t forget the information.

3. Don’t be afraid to ask questions or ask us to repeat something.
People hear in different ways; some folks are very selective, and this is a danger zone for readers. We need to make sure that your session is clear and all questions have been answered.

4. Relax in a quiet area.
Make sure you’re not in a hurry and that the location promotes comfort. Keep hot tea or water close by.

5. Have tissues handy.
Why would I suggest this? Many sessions become emotional.

6. Try not to rush your Advisor.
We’re human too. Psychic impressions are not like a light switch. Each psychic has developed their own process to recover information. Some work with Angels, familiars and spirit guides. One thing is for sure: we need to relax and center before giving hurried answers.

7. Be open minded.
Not all readings go the way the client or the reader expects.

8. Try not to jump from reader to reader.
I know this is a difficult suggestion. It’s more likely to cause confusion than give clarity when one Advisor has to confirm another’s advice. Try to find one that you feel most comfortable with, then always have a backup of 2-3 others you enjoy.

9. Be mindful that death and personal, private matters are tricky for Advisors.
Each will have their own response for these questions. Over the 43 years of reading professionally, I’ve projected death 3 times. Why only 3? Because I knew that the client would be able to handle it and not attempt to make amends. Each happened within 24-48 hours to the day. Personal business is again difficult for readers. We respect people’s privacy and respond with what we feel is OK.

10. Use your session wisely.
Not everything will happen exactly as stated; the times maybe off, and some names wrong, but there should almost always be a clearer direction for you to travel with. Use your session like a day with a wise old woman whose life experiences can help you along your journey.

Simply remember that we, the Advisors, are in this profession for YOU. Our greatest desire is for each of you to heal, experience love, find peace and become secure.
Chapter 4:
After Your Reading – What’s Next?

Play An Active Role In Your Destiny

You have a choice. You can wake up each day fearing what will happen next in your life, or you can shape your day into what you want it to be. Either way, you’ll be taking destiny into your own hands.

But wouldn’t it be better for you and everyone around you - family, friends, co-workers and even the casual connections we make daily - if you took a proactive approach to life?

Our fate is always going to be a mystery, but if we get caught up in the “could have, would have, should have” debate that goes on in our minds, we’d never get anything done.

There are many unusual coincidences that people believe influence their lives. If you have the same first name as the title of a certain company, for example, does that mean you’re destined to work there? Some would characterize that connection as silly, but the bottom line is if you never apply for a job for which you’re qualified at that firm, you’re never going to find out.

If you need help seeing what’s merely coincidence and what may have a true connection to your destiny, consider having angel card readings that offer you guidance. Clairvoyants who are able to connect to angels that watch over you can put you on the right path.

You can’t control what’s unknown, but you can control how you react to situations as they arise. By accepting that the unknown is as much a part of life as those things you know for certain, you won’t be constantly fearful of the question, “What if?” You’ll be more productive and willing to try new things based on the choices in front of you. Finally, you can take all that extra energy that would otherwise be wasted on worry and anxiety and make decisions that do indeed influence your destiny.

**Related Articles:**

- [When Your Advisor Gives You An Answer You Don’t Like](#) By Psychic Freya
- [Seeking a Second Opinion](#) By Psychic Arthur
- [4 Must-Read Spiritual Books For Your Bookshelf](#)

Thank you for allowing us to be part of your journey. Enjoy!