

## Say Goodbye to New Year's Resolutions

Turn your desired  
intentions into  
reality.

Have you ever been thinking of someone, only to have them call you moments later? Or maybe a song comes on the radio that you were just singing in your head. These “chance” moments are not simply coincidences but rather the Universe’s way of manifesting your intentions. If you focus your mind on something long and hard enough, there’s a good chance you can make it happen.

Now, we’re not saying this will help you win the lottery or make someone fall in love with you. We can’t will something to happen that isn’t meant to be. However, your clear, focused intentions can change many factors of your life more than you may realize—as long as you know what you want and how to get it.

When it comes to making substantial life changes, we often think of the New Year’s holiday as the perfect time to take the plunge. What a great excuse for a fresh start? The problem with this is that we choose broad, overarching themes, like lose weight; be a nicer person;

focus more on yourself; find happiness; spend more time with family; or meet your soul mate, instead of setting small, achievable goals. This is a lot to ask! And this kind of pressure on yourself is not the way to make positive, lasting change.

Over the next month, we’re going to teach you to take advantage of New Year’s in a new, productive, permanent way by having clear intentions that will help the Universe help YOU.

Spend the rest of 2017 getting to know yourself as you already are.

Study what makes you tick, what makes you smile, and what areas of your life could use the most work. Once you have a clear idea of what’s holding you back, you’ll be able to focus your mental, spiritual, and physical energy on exactly what you desire. Only then can you make progress and change your life. It’s time to kiss New Year’s resolutions goodbye!

### In This Issue

# The Elements of Astrology: Similarities, Differences and a Peek into 2018



By Psychic  
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## *Astrology has four basic elements.*

All 12 of the astrology signs fall under one of them placing three sun signs under each element. Despite several signs under the same element they do have their own unique style of manifesting. Look up your sun sign below and discover the similarities and differences of each as well as an astrological peek into 2018.

**Fire  
signs start  
action**

### **FIRE SIGNS:** SAGITTARIUS - ARIES LEO

**SAGITTARIUS** expresses action through travel and education. They are crusaders for the underdog.  
**Astro Peek 2018:** A guardian angel smiles at you this year. Watch out for amazing intuitive moments.

**ARIES** expresses action through speed, independent thought, and the love of adventures.  
**Astro Peek 2018:** Other people's resources protect you. It will be a great year to review investments.

**LEO** expresses action through loyalty, big style, and strong leadership.  
**Astro Peek 2018:** Your home purchases are lucky as they will bring security to you.

**Earth  
signs are  
builders**

### **EARTH SIGNS:** CAPRICORN - TAURUS VIRGO

**CAPRICORN** expresses love of building through quality concepts and generational foundations that endure.  
**Astro Peek 2018:** Friends support you. It will be a good year to push your dreams into reality.

**TAURUS** expresses love of building through home and family with first class style.  
**Astro Peek 2018:** Good advice is yours for the asking. Important partnerships both professional and personal flourish.

**VIRGO** expresses love of building through details bringing practical ideas that are budget sensitive.  
**Astro Peek 2018:** It will be a lucky year to buy a car. Creative projects bloom.

**Air  
signs bring  
the flow of  
ideas**

### **AIR SIGNS:** AQUARIUS – GEMINI LIBRA

**AQUARIUS** expresses love of ideas through flashes of insights, future trends and a need to improve humanity.  
**Astro Peek 2018:** It will be an important year for your career. Your special personal light goes high profile.

**GEMINI** expresses love of ideas through the written word from books, music, and public relations.  
**Astro Peek 2018:** Good year to pay off bills. A new family pet brings sunshine to all.

**LIBRA** expresses love of ideas through the exchange of concepts with others, combining fair play and beauty.  
**Astro Peek 2018:** Your self-esteem gets a boost as does your income. Enjoy a shiny new image.

**Water  
signs  
nurture or  
grow  
things**

### **WATER SIGNS:** PISCES – CANCER SCORPIO

**PISCES** expresses love of nurturing through great kindness and compassion. Special healing gifts can restore a lost soul.  
**Astro Peek 2018:** Family at a distance is highlighted this year. Doors open, revealing a new positive prospect.

**CANCER** expresses love of nurturing through children and cooking up a feast for the soul.  
**Astro Peek 2018:** It will be a lucky year to take a gamble in both creative projects or at the casino.

**SCORPIO** expresses love of nurturing through deep sensitivity and listening on a soul level to create profound changes.  
**Astro Peek 2018:** Venture out on your own and you will be rewarded with positive manifestations.



**Coming Soon! New Year Meditation Podcasts for Each Element**

**FIRE – EARTH – AIR – WATER**

Set intentions for the new year that align with your zodiac sign and its coinciding element.

Check [psychicsource.com](http://psychicsource.com) starting **December 8th!**

# Advisor Talk: Take an Empowering Step into 2018

*Each new year is an invitation to manifest new intentions. Advisors share their own intentions as well as how they plan to guide their customers into 2018 with clarity and confidence.*



## **Rhiannon Ext. 7661**

*For the new year, my spiritual intention is: "The wisdom is within YOU." These are the words I heard from my spirit guides when I was asked to answer this question! My intentions are to spend more time in prayer and contemplation so that I may rise up to complete the mission and purpose I came to this planet for. I recently told Spirit that I surrender and I asked that I be supported in accomplishing this endeavor. I can help my customers by teaching them to recognize and connect with their spirit guides. Many people feel very alone even when Spirit's presence is right at hand. Often the messages are very subtle and I would love to help others recognize the signs and to learn to trust themselves.*



## **Raven Ext. 9580**

*My spiritual intention for the new year is health, which for me means being connected to myself and my intuitive knowing. This is always the only goal that I set for myself. I would like to help you focus on a feeling or emotion that you want more of in your life, rather than an outcome. As long as those feelings become your main focus, all manifestations that help to achieve more of that emotional state will be brought into your life. Be mindful that attachment to specific outcomes can actually create blocks in physical manifestation. Set your heart at an energetic state first and your life will deliver manifestations that fit that particular vibration.*



## **Kay Ext. 7102**

*We are so caught up with what we will DO to enhance our spirituality...I am taking another road. My spiritual goal this year is to become quiet and LISTEN. It is in listening that we are directed, eventually being able to find the road to success in all areas, as well as notice and trigger the correct changes. In listening to my customers, whom I consider my children, I will help them find this for themselves. I will help them find, guide, and correct those paths which have gone astray. There are always triggers to change things. We will listen together for those messages from above and together, we will thrive!*



## **Khloe Ext. 9459**

*I teach my clients to practice intention and goal setting on a daily basis, as mindfulness is extremely important. Acknowledging emotions before detaching from them is a hard step and one we often try to avoid. This holiday season, I want customers to feel empowered to take control over their lives; to take their power back from that person who doesn't deserve it and to close old doors. Living confidently and owning my space is exactly where I'm headed going into the new year! I truly believe that if I have the opportunity to work with someone today, I can inspire change for tomorrow.*



## **Janax Ext. 7750**

*My spiritual intention for the new year is to concentrate on putting only positive thoughts and words out into the Universe. This is like releasing doves into the wind. I want to help others to manifest their intentions for the new year by encouraging them to co-create with the universal field of energy to attract the good that we all want in our lives. If we become like mirrors—as we consciously and continually send out these loving harmonious thoughts, words, and vibrations—we will have them reflected back to us as the same loving energy we have sent out, and our lives will reflect those effects.*



## **Kimberle Ext. 8608**

*My spiritual intentions for this coming year are simply to walk my talk and be present. OK, it's not so simple to do, but it sounds simple. To me this means practicing mindful techniques and living from my heart which is not always an easy thing to do. We are all equal in this. No one is a pro. It is a sport where the only competition is yourself. You gather signs from the universe and practice taking inventory to adjust your intentions. When adversity hits, you adjust your thinking to ask yourself, "How does this serve me? What is my lesson in this? How can I do things differently this time?" The most important piece to remind ourselves is that all things are perfect. "This moment is perfect and I am not a victim," is a mantra that everyone should use.*

# Learn from Yesterday. Make Changes Today.

**Ask an Advisor to help you set  
New Year's intentions.**

***Three days of  
unlimited bonus dollars***

***December 5<sup>th</sup> through December 7<sup>th</sup>***

**Add \$50 ..... Get \$12.50**

**Add \$150 ..... Get \$37.50**

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