

# Insights for Life



The word soulmate, on the surface, seems fairly easy to define. Just ask someone who's lucky enough to have found a partner they refer to as "the one." They might say something like, "We balance one another," or "He/she just gets me." This magical partnership isn't so cut and dry though. It's actually quite complicated.

A soulmate connection is a physical, spiritual, and mental one that transcends time and space. It's felt to the core of your being, as if you've known the other person for lifetimes upon lifetimes (because often times, you have!). It's not always clear if soulmates are exclusive to romantic relationships or if a close friend can be a soulmate and remain just a friend. And what about multiple soulmates? Can you have more than one at the same time, or several throughout your life? Does

everyone have a soulmate? If so, how do you know when you'll meet yours? Is it possible to dream about your soulmate before you've even met?

There are no set rules or parameters and we can't tell you what's definitively right and wrong for you personally. What we can tell for certain is that soulmate relationships are intricate, beautiful and unique. We've asked our Advisors to answer some of the most popular soulmate questions so you may better understand how these connections work and apply this knowledge and wisdom to your own quest for "the one" (or ones!).

Remember to have fun, stay positive, and trust that the Universe will bring you exactly what you need!



## **Everything You Ever Wanted to Know About Soulmates**



Kallie x3478

Psychic Source: Do we have soulmates from past lives?

Psychic Kallie: A Soulmate is someone whose energy is intertwined in your spiritual or physical destiny—or often both! Soulmates have walked the earth with you multiple times, which is why you instantly recognize one another's energy. What many may not understand is that soulmate energy can uplift you, teach you to forgive or allow yourself to be forgiven, break your heart, or love you as no other. Some even come with the difficult job of annoying you into spirituality! Can you meet soulmates in odd places? Yes. Are they always "appropriate"? No. When you meet them, can the world melt away as if you're the only two people in the universe? Definitely. Your connection can be literally hundreds of years old over multiple lifetimes and so can the mission or energy that brings you together. If soulmate lightning strikes, my advice is to embrace it as a miracle and step back and ask your angels, "What is our mission this lifetime?" Then enjoy each other, learn from each other, and no matter the outcome, know that you are loved through eternity!



#### Jane x3369

Psychic Source: What happens when we encounter our soulmate?

Psychic Jane: I would love to tell you that when you first encounter your soulmate you have an immediate attraction. Fireworks go off. Angels play harps and you instantaneously know that you've met the one person that was created as your other half. But these concepts are unfortunately flawed. For starters, we can have more than one soulmate. Soulmates can be romantic partners or friends. When asking soulmates if they immediately knew they were soulmates upon first meeting, I got varied answers: some said yes, while others said they didn't understand the deep significance of their relationship until getting to know their partner over time. These answers made me want to revise the question slightly to, "What happens when we encounter our soulmate, not for the first time, but after we've made the connection?" You're interconnected on a spiritual level. You can be authentically you with no judgment. You think in a very similar way. Being with them makes the world feel magical. You can allow yourself to see and be your best self with them. Your soulmate gives you a safe feeling—like the feeling of coming home.



#### Gabrielle x3503

**Psychic Source:** What if your soulmate is not your partner?

Psychic Gabrielle: Very often, our deepest soul connection comes into our lives when we least expect it. They touch the depths of our being and connect with us in ways we never dreamed possible. They push us to grow spiritually, because the bond of a soulmate surpasses mere physical or emotional connection. Twin flames and other soulmates, or soul connections, are part of our souls' core identities. We have usually traveled many lifetimes with them. While the connection and circumstances around our relationship with them may seem difficult at times, that is because challenges push us to grow, especially at a spiritual level.

One of the biggest challenges we face is when our beloved is not our partner in the "traditional" sense. We may be connected to them, but our relationship might not be the way we would like it to be – yet. They may already be in a relationship, or we might be. While that brings additional complexity, it should not hinder us. Nor should we succumb to fears of judgment by others. Instead, in order to have a life fully lived, we must be led by our hearts, not our minds or egos. Energy clearing and healing work help clear blocks that get in the way of this most important soul connection. Surrendering to the process and allowing it to unfold is also important, as we gain insight into our souls' guidance and direction. Listen to the call of your soul, and let your heart guide you forward, to return to your beloved.

Have You Had Your Soulmate Compatibility Reading?

Find out if he or she is truly the one Schedule yours today!

### 6 Advisors dig deep to explain the innerworkings of soulmate relationships.



Sabrina x3429

Psychic Source: Is it possible to have dreams about your soulmate?

Psychic Sabrina: We travel lifetime after lifetime rediscovering one another, seeking those we love. How do we know these twin flames? One of the most amazing ways we find them is through soul-recognition in our dreams. Significant dreams are the ones we never forget; the ones that stay with you through the years...the déjà vu we have knowing we already dreamed an event. Pay attention to clues in dreams: Where you are you? Who you are with? What is the season, the attire, anything of significance? Do you have the dream more than once? Science says our mind is non-local, which is the ability to be in two places at once, and that the Universe is compelled to reunite us. When we dream, we may really be in an alternate place and time. It is truly a form of communication for our souls. For many reasons, known and unknown, we are all looking for that person our hearts seem to miss. We're not only supposed to be with our soulmate, but spirit finds the most unique ways to help us complete our journey and find one another again.

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Michael x3472

Psychic Source: Can your soulmate be someone you're friends with?

**Psychic Michael:** To properly assess whether your soulmate can be someone you're friends with, we must first understand what a soulmate is, and where a soulmate originates from. Souls come from a place of origin, similar to our physical birthplaces, called soul groups. Multiple souls within a soul group are often referred to as your soul family. This means we have multiple people, be it family, friends, and lovers that are our soulmates.

How do you recognize a soulmate? It will be someone who you have an instantaneous, strong connection with, regardless of the amount of time and energy invested in the connection. The connection will be felt and resonates with both individuals at the soul level, hence the term, soulmates. In terms of love, your soulmate often manifests first as your friend. The friendship connection is often a convenient pathway for us to recognize love, especially as it relates to a soul connection. There is a big misconception that the person you love cannot be your friend first. Soulmates in every iteration (friends, family, lovers, and etc.) manifest with a friendship element due to the past life origin history, similar characteristics, and soul group connection. This explains why your soulmate absolutely can be someone you're friends with.



Sapphire x3149

**Psychic Source:** Are there signs that your soulmate is coming into your life?

Psychic Sapphire: A soulmate connection is the most rewarding yet most challenging relationship we experience. It's typically a connection that has cosmic origins, although you might not remember the depth of these spiritual encounters. Finding a soulmate is not something to approach with excessive worry. Your soulmate is seeking you as much as you are seeking them. As a divine connection, your angels and guides will determine the best meet up times. A clear sign your soulmate is on his/her way is how good you feel about each day. You're open to a myriad of new possibilities. If the day passes uneventful, remain optimistic and confident that your angels and guides are manifesting behind the scenes. You may also begin to see number sequences with regular consistency. This is a message from your angels to remain on course. You may start hearing an obscure love song or hear a name or keywords that affirm your soulmate is near. These clues happen spontaneously when you least expect it. The most important sign is what your heart is telling you. We instinctively know when someone we love is drawing near. Trust divine timing when it comes to soulmate alignment.



P.O. Box 794, Langhorne, PA 19047



## Second guessing your relationship? Looking for the one? Getting over a breakup?

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