# Insights for Life



Fall 2018

# Soul-Searching:

# Finding Answers to Life's Most Profound Questions

#### Who am I really? What makes me, ME?

It's the nagging, insightful question we all have deep down. There are some who carry on life, going through the motions, without stopping to ponder what the answer may be—but the question is still there. Maybe you catch yourself flipping eggs in the morning or driving to work thinking, "Hmmm...there's got to be more than this. I just haven't quite figured it out yet."

Then there are others who dedicate their lives to finding true meaning. They rack their brains—digging, studying, meditating, questioning—day in and day out, to find some semblance of truth or to discover the answers to questions like:

Why am I here? What is my purpose? Is everything interconnected? Does everything happen for a reason? How does karma play a role? Who was I in a past life? Am I a new soul or an old soul? What determines my soul in the first place? How will today's choices affect me in another life?

By now you're probably thinking, "Slow down! This is a lot to take in!" And it is. We know it seems impossible to know the answers to ANY of these questions, but that's the beauty of this journey you are on. You may never know, definitively, how you came to be you and all the amazing things that that entails. That's why Psychic Source is dedicated to bringing you experts on these mind-boggling topics to help you along that journey.

Now let's get started!



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## How Your Past Lives Help You Evolve



By Psychic Unity x9880

At a young age, I began asking questions about why things are the way they are. Like most people, I grew up with my own challenges and struggles and confronted them early on in my life. I felt deep discontent and unhappiness, which fueled my studies about the purpose and meaning behind life.

This led to exploring past lives and karma.

Drawing from evolutionary astrology, which is based on the belief of reincarnation and past lives, I believe that our repetitive patterns stem from having lifetimes of pain and trauma. Over these lifetimes, we collect various positive and negative experiences. The traumatic experiences are the ones that tend to stay with us the longest, leaving behind the strongest energetic imprint on our soul. This energetic imprint, if not addressed, is carried over from life to life - Karma.

Evolutionary astrology offers us a way to identify the core karmic imprint that our soul chose to bring into this lifetime, giving us the opportunity to learn from it by making different choices and having new experiences, setting us free from repeating it once again. By locating the nodal axis of the moon and the Pluto placement in your chart, you can gain understanding about what areas of life and challenges will be confronted on a daily basis in order to evolve your soul.

For example, someone with Pluto in Libra will be working out karma around the issue of power and powerlessness in relationships, along with a generation of souls. This information is very helpful to someone who is concerned about the pattern of abuse present in their relationships/family and struggles with being in their own power.

We choose to work out our core karmic and past life issues with the relationships that are the closest and most intense. We make agreements and contracts with souls who also want to work on specific issues, like power in relationships. Usually, these are the souls that become your parents, siblings and partners. Depending on who wants to learn what, each soul chooses to play a role. For example, your father decides to play the oppressor and you decide to play the victim, all for the purpose of both people understanding what it's like to be on either side of the dynamic. In a prior life, the roles may have been reversed and your father was the victim and you were the abuser.

When we look at life from this standpoint, it allows us to not blame ourselves or others for what we have endured and shared. Rather, see it as whatever we are experiencing with others is needed for everyone to grow by living through it. This is why souls often choose to have multiple lifetimes focused around a centralized theme, to fully understand and evolve by experiencing various sides of the situation. Seeing the big picture, the soul can then neutralize the karma and learn from the choices and consequences of all the lives, thus transforming its relationship to personal power.

This highlights the great potential and possibility for soul growth and evolution that is available to us all. We are surrounded by a world of support that shows up with every interaction. The daily replay of karma is a gift and opportunity to choose differently, to learn, and to heal. There are no mistakes - everything has a purpose, mainly to assist our unique soul's journey back to source and creator.





Learn About Your

# Past Lives

Do you have fears that are unexplainable? Perhaps you feel a strong connection to someone you just met. These seemingly irrational feelings, along with many other habits or energetic pulls, are often overlooked as coincidence or random. Interestingly enough, they may very well be attributed to who we were and what we experienced in our past lives.

Many of us take multiple spiritual paths, learning lessons and carrying karma from one journey to the next. If you tend to have déjà vu or you can't seem to shake your intense feelings for a friend or lover, these experiences and/or people may have touched your past lives in some way that you are unaware of in this life.

By digging deeper and understanding your past lives, you'll have a much better sense of why you are who you are in this life. In gaining this information, your soul's journey may become clearer. Take our quiz to find out what your past lives may have contained and ask a psychic to provide greater detail on your soul's journey.

**GET STARTED** 





# Watch Our Videos Find Your New Favorite Advisor

Some psychics are tremendous at helping you overcome trauma, while others specialize in communicating with those who have passed on. By watching and listening to our newest Advisor videos, you'll gain a deeper understanding of each of their gifts and find out who you think you'll connect with. And don't worry, we won't make you choose just one!



#### Raven x9580

"Come to me with an open heart. I will be able to give you everything that you need."

Looking deep within isn't always easy, but Raven helps you embrace your situation to learn and grow. If you're having a tough time or dealing with a traumatic event, she's committed to helping you overcome whatever is holding you back. Raven connects to your own guides and angels to deliver messages that will provide clarity and help you find truth.



#### Selene x8938

"I get the most joy from this work when I can help you really create a shift in your life."

Selene knows how to put things into perspective by explaining that we all come from one source. Her expertise as a medium can provide you with genuine comfort regarding those who have passed on. If you're trying to figure out where you should be headed in life, Selene is dedicated to helping you feel secure in your own skin.



#### Angelica x9393

"I know you want to lighten your load. We can't do anything for anyone else—just us."

Many feel as though their dark side has cast a shadow over their lives—whether it be depression, addiction, self-doubt, abuse, etc. Angelica's background as a Shamanic Priestess, life coach, and intuitive have trained her how to help you not only accept the dark side, but to love every part of yourself. She knows the power is within you and encourages you to be victorious instead of being the victim.



#### Mackenzie x9602

"There are many, many scenarios that I can help you with as far as the types of love questions that you have."

Mackenzie has an expressive reading style, starting with using her own energy first, then reading your energy. She relies on the cards as another method of confirmation to provide the most accurate readings. Mackenzie uses tarot to provide specific answers, oracle cards for spiritual guidance, and angel oracle cards to answer all your love questions.



#### Donovan x8351

"It's not really about me, I'm just the receiver set like a radio. You're the one that's gonna get the clear understanding."

Donovan has become such a successful Advisor because he combines two styles - consultative and predictive. Are you looking for guidance on a current situation or predictions for your future? Whichever it is, Donovan's got the answers. His style is different because he's very adamant on following your focus instead of telling you what you want to hear.



#### Shannon x9081

"When we tap into our divine energy, we feel warm; we feel powerful; we feel that we can go out and conquer the world."

Direct and compassionate, Shannon can help you with your love life, career, or even developing your spiritual side. She greatly values the importance of past lives and how they impact our current lives. Helping people, in whatever way they need, is her number one goal.



#### Mariza x9846

"Just be open and let it flow and you'll be amazed."

Born from a long line of ancestral Shamans, communicating spiritual messages is second nature for Mariza.

She receives messages from spirit and delivers them via physical channels such as automatic writing and pendulums. To Mariza, this gift makes her feel as though she is fluent in a language that envelopes her whole body.



#### Avalone x9112

"I can spiritually help you with any conflicts or issues that you may be facing in your life."

Spiritual communication is so natural to Avalone that she's able to see and hear messages from those living and deceased. She sees us all as simply passing through and is committed to helping others along this journey of the soul. In a reading with Avalone, she is hopeful that you will receive enlightenment, peace, and knowledge.

# **Enhancements to Our Account-Based Messaging**



#### **Add Attachments**

 Send Advisors photos or other documents using the attachment addition.

#### **Receive Article Links**

 Get more info with personal article recommendations from Advisors. Take Your Readings to the Next Level



Try a face-to-face, live video reading for the ultimate psychic connection.

### **Advisor Chat**

## How do Past Life Readings Work?



#### Anthony x8064

We can access our past life memories in the infinite depth of our consciousness through tarot, dreams, hypnosis, and other symbolic methods. I can unlock my own intuition by allowing my beloved tarot

symbolism to mingle with my psychic imagination to reveal your past lives! All I have to do is shuffle the cards and wait for you to tell me when to stop—I can tell you the stories from the past that are revealed symbolically. Why symbols? Because they can tell us much more than mere words and convey many deep layers of meaning to unlock the psychic imagination.



#### **Suzi** x8046

As an Astrologer/Numerologist, I enjoy reading past lives as another tool to enhance my clients' experiences. It often can open a window to the bigger picture through the 12th house/past lives. Planets in the 12th house in a birth chart can

reveal everything from fears to amazing, talented children. If a person's Venus falls in your 12th house, deep past love ties are there regardless of that person's current personality. If their Saturn falls in your 12th house, they likely controlled you in the past, leaving you uneasy with a "don't go there" feeling even if that person appears fine. Past lives help us to understand our complex reaction to life and people.



#### Kimberle x8608

Past life readings are important when they pertain directly to your current life situation. A perfect example of when a past life understanding can aid in this life is when you have unexplained fears around things for no logical reason. I had a client recently

who was working to build their intuition but kept experiencing great anxiety and fear of speaking to others. They were determined to push through these blockages. It turns out, this person was persecuted for doing spiritual work in past lives and this fear was causing anxiety and delays. We were able to identify this and clear this from the past..



#### Ginger x3037

I adore doing past life readings. It's a lot of fun looking at the details of how we've lived. The past brings a lot of today's instinctual reactions into our daily lives. The way we motivate ourselves creates progress and this has a connection to

the lessons we've learned. It's nice to resolve any potential blockages so we can create healthy behaviors. The past brings clarity and bridges the now. Past life readings are a beautiful source to open new doors.



#### Frida x9752

Everything happens for a reason. Your eternal soul lived other lives that can affect your current relationships, family, career, finances and life lessons. In a past life reading I will be able to uncover

messages from your past lives, including which role someone in your current life played in a prior life. You could be getting back together due to a strong soul connection, deep love, or unfinished business. If you're always having financial trouble, you may have an old vow from a former life regarding money. I will deliver you the information you need to understand your own patterns and behaviors so that you will be able to overcome negative blocks and enjoy great happiness, abundance, and love in the future.



#### Aina Jean x8029

The doorway to a person's past lives manifests in the fear from the most recent past-life death. This presents a window to me as a traveler. I have the ability to go to the future or past, through wires, phones or cars, but I never harm or use my

ability in a negative manner. Past lives leave fear-residual that clears when explained. It can help to negate fears of drowning, burning, etc. and helps the client create a happier life for themselves.



#### Delfina x9724

Past life readings are some of the most fun for me. It's like going on an adventure to solve a mystery that adds more pieces to your puzzle. Just like any adventure, where some moments are exciting and others mind-numbingly boring, not every

past life reading is going to bring clarity and answers to describe your current feelings, nostalgia, and memories. Yet, when that connection is made, it is one of the most satisfying, heartwarming, and reassuring experiences that can happen. Discovering new information about yourself will change your views on yourself, others, and will positively impact the rest of your life.

# The Incredible Value of Past Life Energy



By Psychic Carmaleena x8689

Past lives are real. All of us have had them—possibly hundreds or even thousands of times. So, disregard the notion that you have only had one. The possibility of just having one past life and being here on the earth plane at this time is unlikely.

We reincarnate to grow spiritually because we have lessons to learn in each life. We come back here time after time to heal, learn, and help humankind excel. Now, we have the advantage of knowing that past lives exist. Up until the past few decades that knowledge was not available to us (at least not at a conscious level).

Conscious awareness allows people to question what it means when they have an experience with another person that defies words. Or, when they have an experience of feeling as if they've been in a particular place before.

I often get calls from people asking if someone in their life has shared a past life with them. The reason they are asking is because they feel a strong pull or a bond with the other person. The strong pull and bond is happening because they "recognize" the other person at an energetic or spiritual level.

There really aren't words to describe the feeling because the experience is not based on the logical. The "remembering" is automatically activated when we meet the person in this life. This automatic activation occurs because our cells and energy field hold the memories from our previous lives together. So, we automatically experience the sensation



of knowing the person as if they've been in our lives for a long time even if we have just met them. And, in reality, they have been in one of our lives before.

When we meet one another in this lifetime it generally means we have to work out some karmic energy or it means we have agreed, via a spiritual contract, to fulfill some destiny that was not fulfilled in a previous lifetime. For example, you couldn't complete a love contract in the previous life. Or perhaps one of you did a bad thing to the other person and you have both agreed to right the wrong.

It can be frustrating, though, if the other person involved is in denial about the strong bond. It can make you question your own feelings. This is hard because you have such a strong intuition about the bond being present. Usually denial happens when the person doesn't believe the bond is genuine. The logical part of human nature gets in the way and clouds the situation. Again, this is frustrating, but the bond is so pro-

found that the fear almost always goes away.

## Past life connections are not limited to relationships.

They often show up in other areas of our lives as well. For example, you might feel as if you've been in a certain place before when you know you haven't done so in this lifetime. This means there's a message and an experience waiting for you in that arena.

Or you may feel like a detrimental pattern you want to clear goes beyond just this life. Having an innate knowing about the pattern being something you've carried with you from another life is exciting because it means you are able and willing to end the pattern once and for all.

Past life experiences are extremely beneficial for our spiritual growth. The knowledge that we have past lives is a chance for us to move forward into a better life experience. Have fun with it. You will be glad you did.

# Soul Mates and Twin Flames: What's the Difference?



By Psychic Narnia x7735

A soul's journey is rarely a straight line and can sometimes be a convoluted one. We twist and grow, like a knotted, gnarled oak, trying to face what is both inside of us as well as outside in the world.

Have you ever felt like a part of you is missing or is somehow not complete? You may have a twin flame and they have yet to reveal themselves.

What is the difference between soul mates and twin flames?

Soul mates can come in many forms, not necessarily romantic. They are people who touch your life in an intense, deeply connected way, more so than your average friend or family member. These connections are meaningful, and most of the time, happen instantaneously. A soul mate will understand you on a level that no one else can because your souls have traveled through time together, meeting up at different, meaningful stages of your life.

This can be a romance, a family member, or a best friend. It can be someone you have just met that instantly inspires trust and understanding in a way no stranger ever should. Soul mates bring deeper, more meaningful understanding of our place in the universe and where we are in our soul's journey. Some soul mates are present throughout our lives while others are only here for a little while, helping us grow and prepare for the next stage.

Twin Flames are something else entirely.

Twin Flames are a special, rare experience that unfortunately not everyone will get to have. They result from when one spirit long ago separated into two halves. Twin flames can come and go throughout different lifetimes and may not even connect in some of your experiences. If during a specific life one or both of you are not at a stage of



maturity to accept the other, then it can even be a difficult and painful occurrence to find your twin flame. Your souls feel they should be together, but for whatever reason they are not ready for the reunification.

Sometimes twin flame meetings can overwhelm one or both parties. One person may be afraid because the other sees too deeply into their soul, leaving them feeling vulnerable and raw. That person might choose to run instead of facing what makes this connection so intense. This can leave the other person confused and bereft at the loss, even if it is only a first meeting, resulting in self-doubt and unhappiness.

There is a theory that twin flames can only reunite in a lasting relationship when both souls are ready to move on from this plane of existence. So, if you've met someone and had an intense reaction that makes no rational sense, that doesn't mean there isn't a reason behind it. It might be something that you aren't ready for or don't fully comprehend yet. Give yourself time to grow and learn. If the person is truly a soul mate or twin flame, they will come back to you when you're both ready.

## You Control Your Destiny

Ask an Advisor to help clear your past and guide your future.

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