



Karma & Cheating: A Knot with Eternal Ties

On the surface, cheating is a word that makes us cringe. We can all agree that cheating is inherently wrong, but the problem is that it still happens more often than we'd hope. When it does happen, a complicated set of emotions arises—including vengefulness.

What goes around comes around, right? Actually, it's not that simple. The belief that there are karmic ties to cheating is nothing new: "He'll get what's coming to him!" But will he? It's more complicated than a simple "yes" or "no." Hoping that something horri-

bly negative will happen to someone based on their poor moral choices won't solve the larger problems at stake, regardless of when and how karmic "dues" are paid. And it will certainly not make you feel better (at least in the long run). Whether you are the cheater or the cheated on, the important way to move forward is to find the root of the problem and to avoid getting yourself tied up with more negative energy.

Our Advisors explain (see pg. 4) that karma is solely about one's energetic relationship with the Universe. If you've been wronged

in some way, it's likely that the culprit has a sticky karmic relationship...but it's not necessarily going to be resolved right in front of your eyes. In fact, you might be wondering, "How can she get away with this!?" She probably won't but that's the Universe's job to worry about—not yours!

In this newsletter, you'll learn many sides of cheating and karma, and how they tie together. To recover from being cheated on, or to understand how to resolve your own karmic debt, read further and contact a trusted Advisor for guidance.

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Been Cheated On?

How a Psychic can help



By Psychic Therese
x7215

There are many reasons people cheat. To explore and understand what makes someone a cheater, read my full article at psychicsource.com. For now, we'll discuss how a psychic can help if you've been cheated on. Using the tarot and my psychic gifts, anything hidden in a relationship will easily emerge, including:

1. Is there another person in the mix?
2. What are the underlying reasons for the cheating?
3. What should you do about it?
4. Where is it going in the end?

Here's a real-life example, with the names changed of course:

Cheating can be a symptom of a much more serious issue going on, as was the case with my client, Jackie, and her husband, Bob. The couple had a long marriage, kids in grade school, and a very successful business. Jackie began noticing Bob coming home late or going "out with the guys" more often on the weekends, as well as missing payments on their bills. When confronted, Bob would blow up at her. He was edgy, distracted, moody and gone a lot...not

a good combination. But she wanted to check with me before she jumped to any conclusions.

Delving into the tarot and tuning in psychically, I did see another woman, and told her what I saw. Not only did the Queen of Swords come up in the center of the reading, but given that I saw a lot of pentacles around her, I felt it was someone who worked with him at the business. On Bob's end, I didn't feel it was a love match, but if there was anything at all, it was a superficial distraction from other problems Bob might have had. I continued the reading and oddly, saw Bob not as a man in an affair, but rather a man who was very fearful and pressured in a dark situation. The cards showed addiction around money, with debts piling up. Jackie broke down and said that, in the past, Bob had a gambling problem but had it under control for years.

I put the pieces together: Bob had fallen back into his gambling habit again and it was threatening to do serious damage to their lives. Due to the great embarrassment and his need to escape the extreme stress, he wasn't able to tell his wife and ended up in an affair.

I saw that if Jackie confronted him now, they would be able to work it out before lasting damage occurred. It took some time for her to get the courage to address all this and she sought professional help before she did so, at my suggestion. In the end, Bob realized that he needed continuous help to stay out of trouble and he took the steps to do that. He continued to get professional help to avoid a relapse and cut the other woman was out of their lives. With this out in the open, he and Jackie were able to repair their relationship, making it better than ever.

This example had a positive ending, but make no mistake, it was very hard work on the part of this great couple. I was very glad that I could be a part of the solution, discovering important, previously uncovered elements, confirming Jackie's suspicions, developing a strategy, and giving her my future view about the final outcome. ■



Psychic Arthur's *Rhymes for the Times*

"Hi! This is Psychic Arthur and welcome to my podcast series, Arthur's Rhymes for the Times. We're doing something a little bit different here. Instead of a meditation, aura cleansing, or breathing exercise podcast, we're going to take you back to that time when Mother Goose Nursery Rhymes were fun and, in some ways, actually made some sense.

The topics I'm covering are Being Present (Mary's Garden), Cheating (Bo Peep and the Creep) and Avoiding Arguments (Don't Know Jack).

Sit back, relax, enjoy, and maybe even get in a laugh or two. As always, have fun and stay amazing!"

- Arthur x8237

Mary's Garden | A Lesson on Being Present | Available now on PsychicSource.com

Mary (who's quite contrary—sound familiar?!) desperately wants her garden to grow. So desperately, in fact, that she takes to digging up the seeds every night to see if the roots have sprouted. She's devastated to find that her garden won't grow and can't understand the problem. Arthur likens this to relationships; when we call incessantly and inquire about our partner's feelings, aren't we simply showing how much we care? Find out how and why this can backfire—for your garden, your relationships, and most everything in life!



Bo Peep and The Creep | A Lesson on Cheating | Debuting May 23rd on PsychicSource.com

Bo Peep is madly in love with her boyfriend, Jack Horner, but we come to find in Arthur's rhyme that Jack isn't a very good guy. He continuously cheats on Bo Peep, even after he "swore it would never ever happen again." Bo Peep clings to the notion that Jack can and will change—"Everyone thinks he's so good!" Listen to the podcast to find out the moral of the story and what to do/how to cope if you find yourself in a similar situation with a serial cheater.



Don't Know Jack | A Lesson on Avoiding Arguments | Debuting May 31st on PsychicSource.com

Scenario: Jack and Jill are having some serious communication problems. Jill tries spending time with Jack, who seemingly shrugs her off because he's busy "candlestick jumping" and didn't see the urgency. When your partner gives an ambiguous answer—"Maybe later," or "I don't know,"—do you take it personally? Does it mean he or she doesn't love you or want to spend time with you? Arthur's comical portrayal of a nursery-rhyme couple's argument is quirkily similar to real-world relationships. Learn what he means when he gives you an answer that's not what you were looking for.



If you're ready to laugh, as well as learn a few important life lessons, check out Arthur's Rhymes for the Times: psychicsource.com/articles-and-media/podcast

CALL 1.800.732.0797 OR VISIT PSYCHICSOURCE.COM

Advisor Talk: *Karma*

Is it just a word to you? Or a way of life? The concept of karma is more than, “What goes around comes around,” and our Advisors explain their take on it.



Serenity x9213

“Karma comes from our intention or what we put out into the world. Our actions have reactions, either positive or negative, and karma seems to always find it’s way back around to bite us. If you put out a positive intention, you’ll receive a positive reaction back from life or karmic law but if you choose to have a negative or malicious intention, this can result in feeling the sting of karmic repercussions at a very real level.”



Pixie x8117

“Karma is a form of energy. Everyone creates their own karma by the acts and sometimes even the thoughts they send out to the universe. I am a firm believer that you can change bad karma by doing good things and thinking good thoughts. Sometimes we repeat the same experience over and over again until we have learned our karmic lesson.”



Kristine x8223

“Karma is the way for the universe to bring back a lesson for someone who is in denial about the part they played in hurting another or even themselves. If we don’t learn from our mistakes, the same situations will keep coming back to us in different forms in this lifetime or the next lifetime. We can break that cycle by owning up to the mistakes we make in life as humans.”



Lexi x8036

“Karma...the great equalizer. Or so we think. Many times, especially when we’ve been wronged, our ego wants “instant karma” for the person who has caused us pain. That’s where the human part and the spiritual part of us struggle. Karma doesn’t have a one size fits all punishment system. Many times it’s not visible to us, when in reality the person has been living with the payback for a long time. Karma is between you and your Creator. And karma is not all negative. In short, walk the best path that you can, and own both the great moments as well as the lessons you’ve learned from the struggles. Karma is indeed your constant companion.”



Shandra x8225

“Karma: New age catch phrase or Sanskrit word? Real or not real? I’ve seen how misunderstood it can be. Everything vibrates. When we act, think, or speak, we send a pulse of energy out into the universal field. Part of that field reflects that energy back to us, resulting in a karmic return—both positive and negative—depending on the quality of our thoughts, work, and action/deeds. Karmic return is about lessons for the growth of our souls, not punishment. These lessons are to awaken us so that we refine our “output” using free will. Make karma work for you! Be positive; be loving.”



Betty x7514

“Karma is the most real thing in the world. This is one of my favorite quotes about karma, as true now as the day it was written in 7th Century BCE, by Brihadaranyaka Upanishad: ‘Now as a man is like this or like that, according as he acts and according as he behaves, so will he be; a man of good acts will become good, a man of bad acts, bad; he becomes pure by pure deeds, bad by bad deeds. And here they say that a person consists of desires, and as is his desire, so is his will; and as is his will, so is his deed; and whatever deed he does, that he will reap.’”



Janax x7750

"Wayne Dyer said: 'How people treat you is their karma, how you react is yours.' Like throwing seeds forward into a strong incoming wind, what we put out into the universe comes back to us—whether it be love, hate, or indifference. Quoting Iyanla Van Zant: "Life will let you get away with something for a while, but sooner or later you will pay the price. Everything you do in life causes the effects you experience. When you get the bill, be prepared to pay."



Arielle x8367

"It's not the action that creates your karma; it's the intentions behind your actions. If someone's intentions are to cause harm to another, their karmic debt will be great. Just as well as if someone's intentions are to bless others. A mistake made could possibly cause the misery of another without intentionally doing so. We learn from mistakes, however, mistakes don't create karma. Making a bad decision out of love could eliminate the curse of karma from any situation, as love overpowers all."



Faith x9292

"There is a common misconception that Karma is fixed and cannot be changed but it's actually something that we can have direct influence on through free will or by asking Spirit to help us change. Karma doesn't make you helpless. If you have questions about how karma is affecting you and how you can exert change for the better over your destiny, please call an Advisor at Psychic Source and ask for assistance in this area. We would love to help!"



Seraphina x9023

"Karma is the belief that every single thing that happens to a person, good or bad, is because they caused it by their current life or past lives. Karma isn't a fixed or set destiny. The truth is that it is caused by you; your thoughts and actions. One powerful way to create good karma is by practicing meditation. It helps by creating good thoughts and visions for your future. A psychic reading gets to a deeper level of understanding old life patterns. This knowledge brings changes and empowerment. Let your karma be your voice to the world."



Shannon x9081

"Things we choose to say or do set Karma into motion. It's just not bad stuff that comes back on you, but good works on action as well. Karma results often do not appear in this lifetime but in the next. In order to achieve good Karma it's important to live life according to dharma or what is right. It's seen more as cosmic pay back. Do good things and you'll have good things happen to you. Treat people badly and someday karma is going to catch up with you."



Lily x7782

"Your karma is similar to your garden. When you plant good seeds you grow wonderful, fragrant flowers, but if you plant a few bad seeds, the result is unsightly weeds in your paradise. Be aware of your thoughts as they race through your mind. You need to catch the harsh thoughts you might have about yourself and others and replace them with loving and compassionate thoughts. You get to be your own butterfly catcher by taking your bad thoughts and turning them into golden butterflies dancing away from your mind."

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Can *Infidelity* Lead to Happiness?

It's challenging to be in a relationship with a person who's seeing you behind someone else's back. First, you have to sneak around, hoping your partner's wife doesn't find evidence of the affair. A quick email or text could cause your lover's marriage to implode. Second, you may question how committed your loved one is to your relationship. After all, wouldn't he leave his wife if he really loved you? Here's a guide to help you sort out some of the inevitable concerns that come with relationships that are tied to your partner's infidelity.



Handling Negative Emotions

Regardless of what your lover says to you, it's hard not to feel second best when he goes home to his wife. You may feel resentment, anger, and heartbreak. Being in a relationship like this has high emotional stakes. One of the worst things you can do is bottle up the negativity. Confide in a trusted friend or talk to an online psychic. You need someone who's a good listener and can give you objective feedback. Simply verbalizing your feelings and getting an outsider's perspective may help you process your emotions.

Moving Past Doubt

Relationships based off infidelity breed doubt. You may constantly ask whether she'll ever leave her marriage. If he doesn't call at his usual time, you may wonder if he's decided to end the affair because it's too risky. One way to combat doubt is to commit to honesty and ask your partner to do the same. This gives you permission to express your uncertainty; it also allows your partner to talk about his or her feelings openly. When two people are transparent with each other, even when it's difficult, they build trust. That's critical in a relationship that grows out of infidelity.

Starting Fresh

If your partner does leave his wife, you need to make a fresh start. That means the two of you should be honest about why your past relationships didn't work and take ownership for the roles you played. (Hint: if the reasons are all about how the ex was to blame, see it as a red flag.) Through candid, vulnerable conversations, you can create more trust and look for ways to avoid repeating mistakes of the past. The two of you can ask an online clairvoyant about any difficulties that lie ahead as you move ahead with your relationship. Then, you can be proactive and meet your difficulties head on.

Taking it Slowly

After your partner leaves his or her ex, you don't have to move in together immediately. Even if your lover left an unhappy marriage, he may still need time to grieve the loss of his previous relationship. Though it may be hard to give him space, this time of healing can also be a time for the two of you to grow closer. Be a good listener and resist the urge to speak badly of his ex-wife. Your focus is on the bright and happy future you want to build together.

By dealing with your own emotions and building trust, you can turn a love affair that started by way of infidelity into a vibrant relationship that lasts. ■

Coming Soon:



Each "act" you partake in—feeling, desiring, thinking, planning, willing, and physical actions—results in a positive or negative outcome, which in turn results in karmic debt. Are you aware of how karmic debts are affecting you in this lifetime?

To find out, look for our Karma Infographic, soon to be released on PsychicSource.com!

Sadia's 6 Things you Need to Know about Cheating



By Psychic Sadia
x8659

We have an interesting topic that may hit home for some... the big C! Cheating affects everyone, regardless of race, religion, social status or tax bracket and can come at any time. Cheating causes a range of emotions, most times hurtful consequences, yet has been around since the beginning of time. As an Advisor, I've noticed a great increase in infidelity calls in the past 5 years due to social media and overall unhappiness. This list isn't for everybody and it's impossible to cover everything. In this article, I won't address the topic of Soulmates who find each other while married to others since that's a topic all in itself. Infidelity can be painful for all parties and it's not my intention to hurt anyone. This is my take from what I've seen over the years and I hope it can help!

1. For The Cheated On...Innocent Until Proven Guilty!

If you suspect your partner is cheating (most times we feel it in our gut or see changes in behaviors), before you question your partner, find your proof! First of all, you don't want to give your partner a heads up so they know to be more discreet. Secondly, you don't want to put yourself in a situation where they can deny it...without proof, everyone does. Then you'll start to feel like you're going crazy because you want to believe them even though deep down you know something is wrong. So keep your suspicions to yourself until you have facts.

2. THE 5 W's Including WTF?!

When we're cheated on, we are in pain and feel we have lost all control. We need answers desperately... that's where the 5 W's come in: Who? WTF? Where? When? And why? Once you confront your cheater with proof, ask your questions but don't expect the truth at first (and unfortunately, depending on your partner, possibly not at all). During readings, I look at the cheater's thoughts and emotions. The "why" part is always the hardest since it doesn't always make sense and there isn't always a reason. One can still love someone and hurt them; love doesn't always guarantee fidelity. These readings can be difficult and painful but helpful and empowering during your decision making process.

3. MARK YOUR TERRITORY!

I'm currently trying to patent a branding tool to mark your partner's forehead: "Property of ____." Just kidding! But wouldn't that be amazing?! I personally think it would be harder for my



guy to cheat if he had my name branded on his forehead—ha! On a serious note, I've found it helps to "mark your territory" by confronting the third party in certain situations since many times the cheater is lying to both of you. Call the other person and talk about what is really happening. I can hear you saying, "Sadia, I don't want to talk to that @#%&!" It's painful and definitely not for everyone but when you feel like you've lost your power this helps you regain control of it and sometimes that @#%& is being told lies about you and thinks you are the @#%&! It helps if you both know the truth about each other. Plus, it's harder to cheat if you can't get away with it!

Want to read the second half of Sadia's article?
Visit **PsychicSource.com** on 6/2/17 for the rest:

4. Should I Stay or Should I Go?

5. For the "Other Woman/Man"

6. For the Earthquake (The Cheater)



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WHAT: For the past three years, our Advisors have led a guided meditation to bring together those with like intentions around the world. This year, we'll be broadcasting an Advisor-led meditation with a live beach view!

WHEN: June 21, 2017. For exact timing, please check our Facebook page for updates.

WHERE: While the meditation will be facilitated from our Facebook page, we encourage you to participate from a comfortable, quiet location of your choice.

WHY: The more positive, loving energy we can put into the universe, the better it will be to live in! The Day of Light event will help you become centered while you focus on a specific intention—whether that be to send kind, loving thoughts to someone else, to promote world peace, or to receive whatever it is you need.

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