

How do Psychic Mediums Communicate With Spirits During a Ghost Hunt?

There are two kinds of people when it comes to ghost hunting: "Count me in!" or "No way, that's terrifying!" Does the idea of ghost hunting give you a rush of adrenaline and chills up your spine? If you plan on attempting this without the aid of a professional medium there are some things you should know first:

How to Prepare

What does a professional athlete do to prepare for a big sporting event? They eat well, sleep well, stretch, and pray. If you ask a professional psychic medium what they do to prepare for a ghost hunt they will likely tell you to eat well, sleep well, meditate, use a grounding and protection technique, and pray! Ghost hunts and exercises of protection go hand in hand.

All Ghosts are Spirits – Not all Spirits are Ghosts

When a person has a physical death, his or her soul usually hangs around until after the funeral or until they feel their loved ones are adjusted (days, weeks, or even years) before they head home into the light, which is the ultimate goal. Souls at this point are not considered ghosts. Ghosts are spirits that are Earth-bound because their passing may have been a tragedy and they have chosen to wait for a loved one; their passing may have been rage filled or involved drugs or foul play; they may simply not want to accept that their body is dead.

How Do the Professionals Do It?

Most psychic mediums use their guides to connect to the highest vibration or frequency of light they can access. Similar to an athlete, the more you meditate and use your abilities, the easier it is to connect quickly to the higher frequencies. When a professional medium connects to the higher frequencies they trust their guides to allow themselves to merge with the spirits with the intention to help clients or bring messages of love. Ghosts do not have access to the higher frequencies and have likely not evolved very much since their passing could have been many years ago.

Why Can a Ghost Hunt be Tricky?

You really don't want to merge with these spirits as much as gather information and offer them options without interfering with their free will. For example, if the ghosts are in an abandoned building and not bothering anyone, the intention may be to offer them knowledge about entering the light or just learn their story. If you're interacting with ghosts that are sharing a home with someone and not cooperating, you have a different way of getting them to respect the space and go elsewhere.



By Kimberle x8608

IN THIS ISSUE:

Pg. **2** Philadelphia's Eastern State Penitentiary: Inside the Walls

Pg. **3** Psychic Raquel's LIVE Ghost Hunt on Facebook

Pg. **4** Advisors' Jaw-Dropping Paranormal Encounters

Pg. **6** Psychic Rheda on How Virtual Mediumship Works

Pg. **7** Customers Who Found Peace Through Psychic Mediums

Terror Behind the Walls: A Halloween Attraction or a Ghost-Hunter's Field Day?

By Cheryl Customer Care Specialist

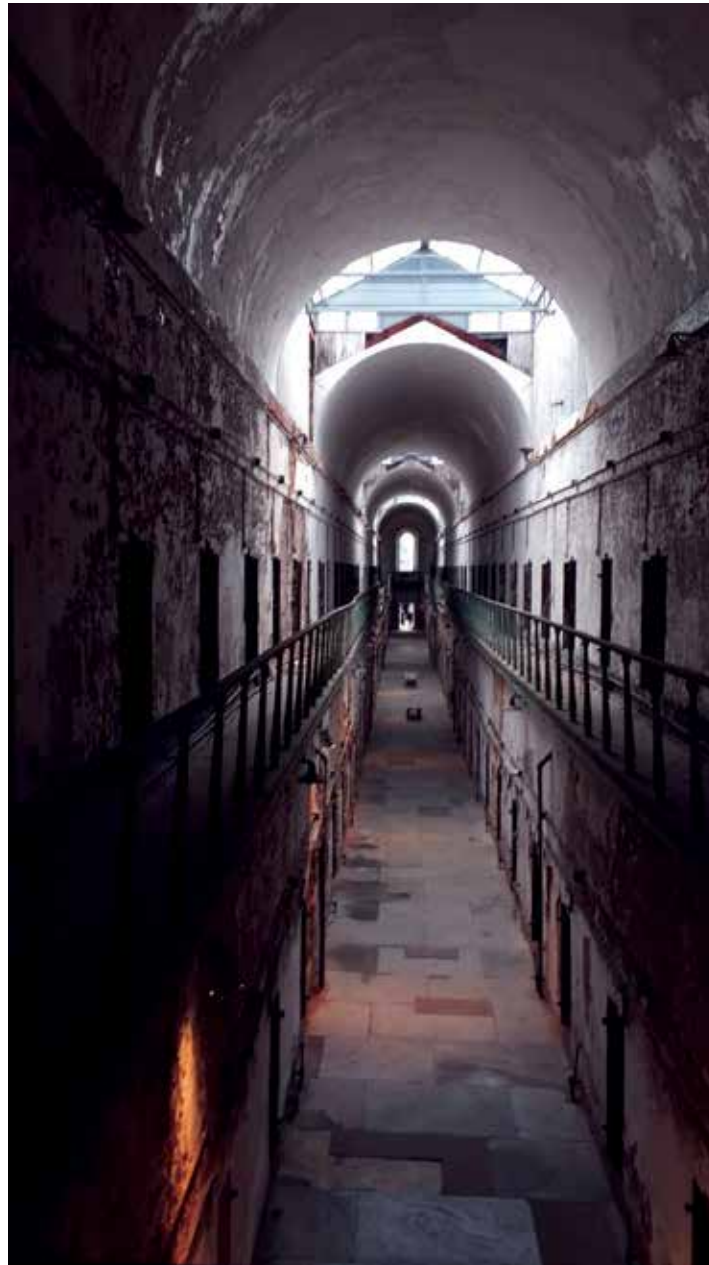
Cheryl, a Customer Care Specialist for *Psychic Source*, also happens to be an avid Ghost Hunter and member of the *Keystone Spirit Seekers*, a team of paranormal investigators who focus on "unlocking the truth." Earlier this year, Cheryl teamed up with Psychic Raquel to investigate the Eastern State Penitentiary, and recounts the event for us here.

This past April, some of the Advisors were visiting the office and I was introduced to Raquel [see page three], who also happens to be part of a paranormal team in her hometown. She expressed interest in touring the Eastern State Penitentiary, so when we had some downtime, off we went.

The Penitentiary opened October 25, 1829 and several elements of this revolutionary building influenced over 300 prisons worldwide, including the introduction of the "separate incarceration method" aka solitary confinement, which was intended to reform, not punish, the incarcerated. The cells offered flushing toilets, heat, and running faucets which were previously considered luxuries. An aerial view of the building reveals the intended wagon wheel design of the cell blocks. During the 142 years of operation, its massive stone walls housed many inmates, including the legendary Al Capone. On April 3, 1945, 12 prisoners attempted to escape by digging a 97-foot tunnel under the prison but were recaptured.

By the time the first seven cell blocks

were completed the prison was already over-crowded and had to be expanded, which is still a common issue today. The prison also offered a green house, a ball field for exercise, a beautiful Synagogue,



and a medical wing. It closed in 1971 and sat abandoned until 1988 when Governor Wilson Goode saved it from demolition. In 1994 the prison reopened

for public tours, including the popular Terror Behind the Walls haunted house attraction for Halloween. The irony shouldn't be lost on this attraction being haunted, hence Raquel's and my interest in a self-guided tour.

I let Raquel take the lead. She wore a wrist recorder and had her K-II EMF Meter, and I wore a wrist recorder as well to collect EVP (electronic voice phenomena). As soon as we crossed the entrance with stone gargoyles mounted on either side, the spirits made themselves known to Raquel. The first stop on our tour was a cell block where we discovered a dentist chair, which was interesting because I hadn't seen it since my first visit years ago. From there, we roamed various cell blocks, stopping at cell block #7 where Raquel saw two guards walking in front of the cell block gates, the famous black ghost cat, and where she did a *Instagram LIVE* for *Psychic Source*. Anywhere we went, the feeling of not being alone accompanied us and spirits reached out to speak with Raquel.

We peeked into Al Capone's cell, crossed the ball field, stopped in front of the medical block, stood by the green house, and ended at death row. By the end, we were confident that spirits roam these thick stone walls but the condition of the building lends itself to this impression as well. Its peeling paint, deteriorating and closed off cellblocks, exposed wood in the walls, and

chipped plaster all enhance the feeling of abandonment those once housed there must have felt. But at the end of the day we could leave and go about our lives freely, unlike them. ■

Psychic Raquel to Conduct a LIVE Ghost Hunt this October

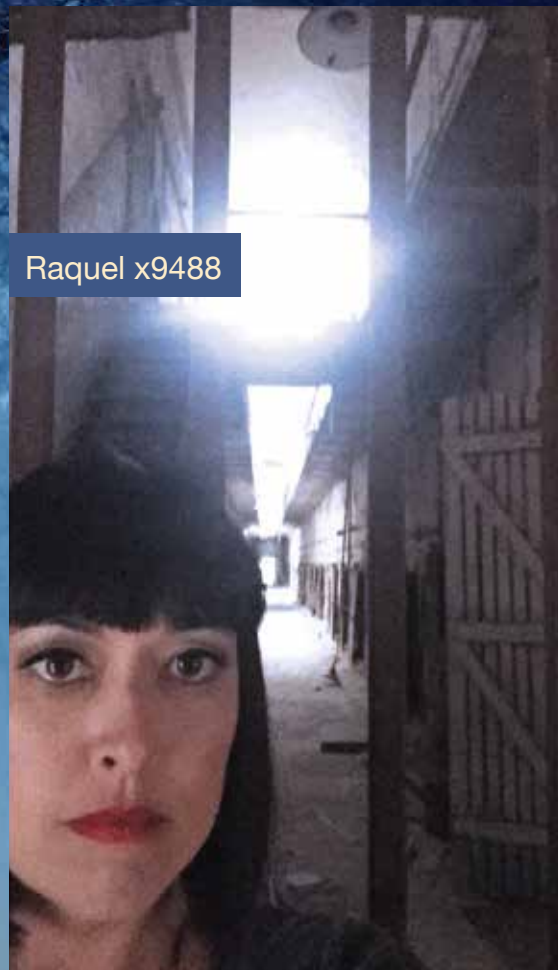
If you haven't heard of Psychic Raquel yet, you're about to be enlightened. With over 160 beaming customer reviews, 4.5 stars, and a compassionate, warm heart, Raquel is a rising star in the Psychic Source community. Her latest endeavor was a tarot reading for Tori Spelling in Ms. Spelling's LA home, which was broadcast live on Facebook (it's still available if you missed it—just scroll back to July on Psychic Source's Facebook page).

While reading for celebrities may seem to be her calling, Raquel is quite the versatile professional in the spirit world, conducting ghost hunts whenever she has the opportunity. She's taken over our Instagram account a few times to let our followers in on the action. It's no question that Raquel is deeply connected to spirit, or "lead by spirit" as she likes to say, as she's been honing and developing that relationship since an early age, with encouragement from her famous psychic brother, Ricky.

"I'm able to give people peace," Raquel explains in her video biography. "I'm able to get that last answer to that question they always wanted to know, or pass on that message they never heard from that loved one who passed."

Conveying visions and messages from beyond is truly her calling, so it's only natural that Raquel's extraordinary gifts, combined with her ease behind the camera, have made us put the wheels in motion for a live Facebook ghost hunt this October. Our staff is currently scouting a location, but the event will be completely unscripted and open to Raquel to share everything she's feeling, thinking, hearing, seeing, or even smelling.

Check our Facebook frequently for updates on timing for this exclusive event! ■



Raquel x9488

Is a Message From the Other Side Waiting for you?

Unlimited Bonus Dollars

Tuesday, September 26th – Wednesday, September 27th

Add \$40.....Get \$8

Add \$100.....Get \$20

Add \$200.....Get \$40

Promo code 494002

*Unlimited offer, for existing members only.

Conduct Your Own Ghost Hunt!
Ask a Psychic for Help in October

Unlimited Bonus Dollars

Friday, October 13th – Saturday, October 14th

Add \$50.....Get \$5

Add \$100.....Get \$20

Add \$150.....Get \$30

Promo code 403553

*Unlimited offer, for existing members only.



Cheyenne x7505

"I've been on the Ghost Walk and Ghost Hunt Tour in Gettysburg, PA, which is very haunted due to the devastation that took place during the Civil War. I did see a few orbs but the real ghost encounter happened before the tour even started. I was purchasing tickets outside in the humid, July heat when an icy cold hit my skin giving me goosebumps. There was more activity late at night outside the bed and breakfast including many colored orbs. My fiancé noticed a foul odor when walking on one of the battlefields, which a tour guide likened to the 'smell of death' that's commonly noted by tourists."



Georgia x7574

"A few years back, I did several investigations with a paranormal team in Jacksonville, FL. They used me to channel the spirits. One of my most memorable hunts was when we did a home that had some super heavy activity. The spirit would physically throw things or attack people and was very bold in its attempts to make contact. I was brought in to see what spirits were there and why they were behaving like they were. I ended up making contact with the teenager's ex-boyfriend who'd passed away. He was trying to fully cross over but she was holding him there, hence the very active activity. I informed her why he was being so bold and then we had to work to release him and cleanse the home. After that, they didn't have any more problems. The information we gathered on the video recordings, etc., had confirmed what I picked up. It was a tough case, but once we got him crossed over, things improved drastically."



Sofia x7965

"I'm usually called in to find the ghosts and clear them. Often the discarnate energies are causing disruption or blocking movement on some level. Through prayer, meditation, and preparation, I call on Spirit for guidance. I set my intention before going on site so that I'm able to receive once I arrive. One time, a realtor called me because a large tract of land she was trying to sell wouldn't move. Every showing resulted in the prospective buyers leaving in tears or anger, or never even getting out of their cars. The spirits that occupied the land came through with sadness and fear. They chased people away because they'd been held there in a stressful situation. After clearing, the property sold."



Ricky x8106

"I'm a Medium, certified by the oldest spiritualist organization in the United States. I also trained in the United Kingdom at the Arthur Findlay College (envision a combination of Hogwarts and Harvard and you've just about got it right!). On the rare occasion I have time to spend time on a paranormal investigation, my specific role is to connect with the energies there. Notes are taken, recordings are made, and we compare our observations to what we're able to validate with the history of the place."



Karena x7924

"I worked with a woman who would visit a spirit that was creating annoying mischief for someone. She would take this person on as a client, and we would go in and "summon" the spirit. In every case, without exception, the spirit had passed and was trapped on this side because it was afraid, for whatever reason, to go to the light. We would start by each one of us breathing, centering, grounding...we would call this spirit's name if we knew it, or call it by some identifying feature. We would assure the spirit that we were there to help and brought no harm. That was always enough to bring it out and for it to agree to work with us."

Jaw-Dropping, Real Life Paranormal Encounters



Willow x8048

"Being a natural trance, deep and light, medium I allow energy to flow freely through and around me. I "conjur" with my own internal chants to bring forward protection and then invoke the desired energy. Once I'm assured it is peaceful and is whom I have invoked, I adjust my brainwaves to the 'dead energy,' and begin to communicate."



Piper x9412

"If a spirit is in a home or around someone I can sense them, almost like a magnet. I always own a dog since they can sense spirits, especially bad ones, faster. I can sometimes see them walking around homes when I go in. I can feel if something's not right or if there's an energy, aura, or person around the home causing this feeling. I can sense if they need me to help them or if they want me gone. Once I sense things I start to ask questions. I'm not a medium, so I can't talk to them; I just sense them and feel them."



Tomas x8157

"In New York at a very old cemetery (260+ years) I channeled a relative of William Floyd as I stopped and mistakenly stood upon it (which is easy and hazardous to do with old graveyards as bodies can be on either side of the markers). It was a young male of military age who died prematurely. I have no idea why he hung around as long as he did, but he went back and forth between the old estate and the family plot which had members to the 20th century. He followed me home and caused an incident. He was hard to get rid of. Not one of my best experiences...he felt very oppressive and acted in daylight hours. I think he himself may have been troublesome in life."



Mackenzie x9602

"From my own experience as a child ghost hunter, I can't rave enough about the benefits of parents educating their children on the facts and testimonials surrounding this popular ever-increasing trend. I appreciated my own experience which was one of the first vivid memories I have which clearly led me to become the person I am today. By asking questions, we learn. It's when stop asking questions that we cease growing!"



Frederick x9415

"In ghost hunting I've always been able to specifically find the main "resident" of a location and usually have a full dialogue with them, seeing who in the family they are interested in, why, and what their reason for lingering is. I've helped many spirits move on. Though it comes in many forms, I can often have a very clear conversation with a spirit that is positive or even confused. But if the spirit is negative, my plan of action is always first to shield the family and then to permanently cast out the negativity from the space and the people involved."

Virtual Mediumship

A Scientific Explanation on How Psychics Channel Spirits via Phone, Chat or Video



By Rheda x8860

Virtual Mediumship and virtual psychic readings are the newest and most innovative development in spiritual reading platforms. The Internet is like the freeway of human evolution! Via this new communication medium (no pun intended), life experiences that were once only possible through physical face-to-face



contact--going to the library, dating, shopping, etc.--now survive on the internet. Mediumship and psychic readings are not excluded from today's amazing cyber era. With this new way to connect, spiritual workers may finally shout, "Eureka!"

But how is it possible??

It's simple: mediums, psychics, clairvoyants and empaths read energy. According to the article, "How We Discover the Big Truths in Small Things" by Richard Wiseman, the Cambridge University-trained scientist Rupert Sheldrake has presented evidence that:

- people can sense when someone is staring at the back of their head;
- dogs know when their owners are coming home;
- it's easier to complete the Sunday crossword puzzle later in the day because others have already solved it.

This can all be explained by "morphic resonance fields" that connect all living organisms to one another. The scientific community has used examples such as this to help us understand how psychics can be just as effective in virtual time as in real time.

Skilled psychics tap into energy fields or auras during readings. According to Einstein's Theory of Relativity, there is no such thing as time. So isn't it probable that authentic psychics can access past, present and future events simply by scanning the Akashic records of any individual, departed or living? Surprisingly, there's actually a big flaw when it comes to in-person readings: They can leave any professional reader vulnerable to the trap of "cold reading," or reading someone based on their physical characteristics. It's very hard not to! If you speak with a twang, you're likely southern; if you have red hair, does that indicate Irish decent? **Authentic psychics can sit at a computer from anywhere in the world, with little to no prior knowledge, and connect to your energy as effortlessly as plugging into an outlet for electricity.**

Think of it as a new form of technology that you're still adjusting to. The camcorder was once the rave, allowing people to see real-time life events at any given moment. Families videotaped special events, labeled tiny microcassettes, popped them into snail mail and presto... you just experienced your grandchild's first steps. Remember when that was amazing?? Energy knows no end, and there is no end to new ways to relate it.

Stay home, grab a chair and call Psychic Source. Let's talk, let's connect, let's chat! ■

Finding Peace with a Psychic Medium

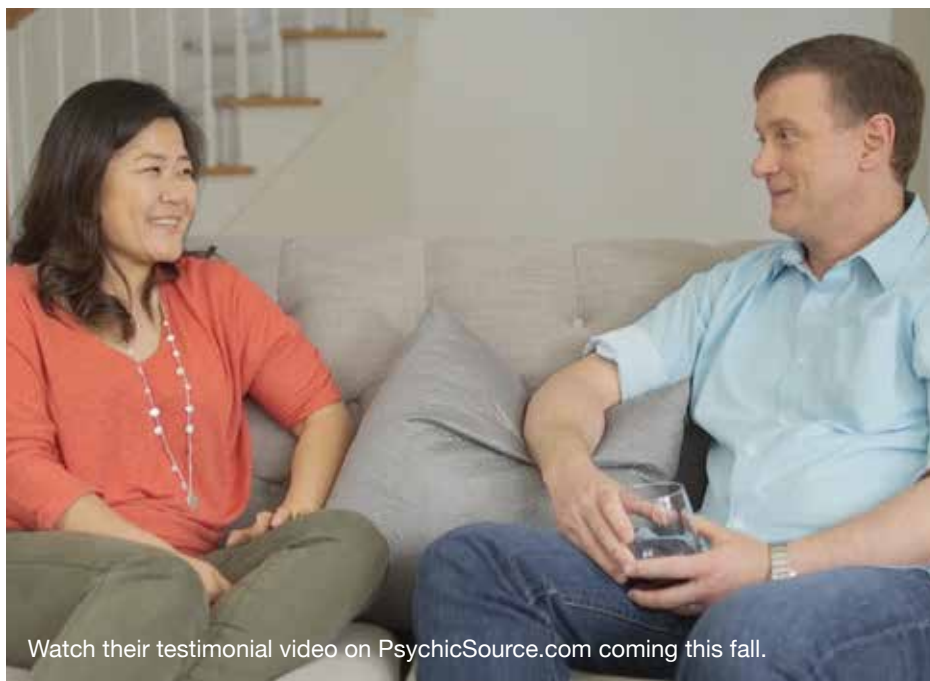
Larry and Carol, Cambridge, MA

This is a real, self-written testimonial of a couple who, though a bit reluctant, took a chance with Psychic Source and were beyond surprised and impressed with their readings. We're so grateful that they were willing to share this incredible story.

It's been 12 years since Larry's mother died of ovarian cancer. It's been two years since my father passed away from a brain tumor. We felt like we wanted to try and reconnect with our departed parents but didn't really know how to go about it, so we turned to Psychic Source.

As we embarked on this decision, we realized we had a lot of skepticism as to whether or not we would believe any of the psychic mediums. With low expectations and wishful hope, I went first and reached out to a psychic medium by asking if there was someone who had crossed over that wanted to connect with me. After asking my name, the psychic said she was sensing a hardworking male figure. She said this person had a really strong work ethic and a high moral code. She also said he had a strong belief system. I was nodding my head up and down on the other side of the phone as she was saying all these things that embodied my father. She said he wanted to communicate with me and in order to do that I should meditate. Strangely, I had recently started practicing meditation.

After a short pause, the psychic medium said she smelled a strong odor of urine and asked why she might be smelling this. During my father's last months of life, he became obsessed with going to the bathroom. He was constantly getting up all hours of the day and night to go to the bathroom. At one point, he had been catheterized and I distinctly remember the hospital aid emptying a very full bag of urine and it spilling onto the floor. At this point, I was very surprised and impressed with the psychic medium



Watch their testimonial video on PsychicSource.com coming this fall.

to have picked out such a specific detail. Because of this, I believed she had truly connected with my father.

She said my father was very proud of me and how appreciative he was of me being there for him towards the end of his life. She said he wanted me to know that I should not doubt anything I had done for his end-of-life care. He passed the way he wanted to pass and I did everything as it should have been done. She also wanted to relay a message that he had for my mother. Due to the stress of my father's illness, my parents fought a lot towards the end of his life. My father was strong-headed by nature. So, when the psychic told me despite all my parents' arguing, my father was not going to apologize for anything, I had to laugh at that statement because it was so typical of my father. He wanted me to relay to my mother that he thought the world of her even though he did not say it in life. The psychic medium said my father was not a demonstrative person, which is very true. In life, he wished he had been more communicative and wants me to take that lesson and make sure I am communicating with my spouse.

My husband, Larry, had a similar experience with his psychic medium connecting with his deceased mother. She was an immigrant from Ireland and grew up on a farm where Wellington boots were a staple. The psychic medium immediately honed-in on these specific boots by name. She also eerily described a wool spinning wheel that sat in Larry's mother's house in Ireland. Without knowing anything other than Larry's name, the psychic medium was able to express her connection to his mother by describing these things.

With the affirmation of these specific characteristics, circumstances, and situations we felt a sense of peace and closure. We are happy that we overcame our hesitation and used Psychic Source to reconnect with our loved ones. We highly recommend it for others that may be struggling and wanting to reconnect with someone who has crossed from life to death. ■

Announcing Video Psychic Readings!

**Meet the psychics.
Watch how they work.
Connect like you're in the
same room.**

Virtual psychic readings are now more personal and engaging than ever before. Get an interactive, private, face-to-face reading without leaving your home!

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