

Insights for Life

Spring 2016

Crazy Little Thing Called Love

Brace yourself for deeply personal love advice. There are no secrets here.

Love isn't perfect.

These scenarios happen all the time:

"My mind says to go but my heart tells me to stay. "

"How do you know if he/she is The One?"

"I never thought I'd cheat but I can't stop thinking about my co-worker."

"I know I should leave but what about the kids?"

"He'll never do it again. He promised. It can't happen again."

Love advice comes a dime a dozen and to be honest, it can get pretty old. When you've got a question or something on your mind, everyone you know is tripping over one another to give you their opinion. But what if it's something so deeply personal you couldn't possibly share it with your loved ones? Sometimes the right answers can't be found on the internet or in an issue of Cosmopolitan.



We so often crave a human's input grounded in truth, wisdom, and unquestionable intuition. Our intimate community provides a support system, a place of comfort, to freely discuss what's weighing on your mind. Psychic Source is the place to find that solace. Inside, you'll find words of support from Advisors, love insight based on astrology, and guidance on where to find the personal answers you're looking for.

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What's Love Got to Do with It? Everything!



by Psychic Suzi x8046

LOVE is the magical word.

Everyone wants it but it doesn't mean the same thing to everybody.

It's complicated, frustrating and fabulous. It can inspire, heal and transform our lives. In the name of love we can be both idealistic and unrealistic.

As humans we tend to give others what we want in love (sometimes unknowingly). To navigate this winding road, we must understand who we are and what our expectations are in love. Remember: We never fail in relationships. We only learn and through this personal wisdom we become stronger and better in the next relationship.

To discover how love manifests for you and your loved one just look up your astrology sun sign. If you need help getting that information, call or chat with me at x8046 and I would be glad to help.

LOVE HIGHLIGHTS

AQUARIUS

Air Signs

Love assets: People person, strong mental companion, believes in fair play

Love challenges: Erratic, emotionally detached, power and money-oriented

Love means: Friendship with a big heart

GEMINI

Love assets: Funny, open to exploring life, diverse Love challenges: Scattered, doesn't listen well, split personality

Love means: Having a fun-loving partner

LIBRA

Love assets: Great charm, thrives in relationships, fair-minded

Love challenges: Iron hand in a velvet glove, moody, co-dependent

Love means: Romantic, long-term partner

Water Signs

PISCES

Love assets: Great kindness and compassion, spiritually oriented, generous

Love challenges: Emotions without boundaries, martyr/ victim, abandonment issues

Love means: Romantic dream forever partner

CANCER

Love assets: Nurturing, strong family emotions, generous Love challenges: Passive-aggressive, insecure, moody Love means: Warm, snuggly, devoted companion **SCORPIO**

Love assets: Deeply passionate, devoted, intuitive Love challenges: Controlling, jealously issues, short temper. secretive

Love means: Emotional loyal partner

Fire Signs

ARIES

Love assets: Exciting adventurous spirit, excellent in emergencies, charming Love challenges: "Me first" attitude, highly independent, quick temper Love means: Love with an open hand LEO Love assets: Leads with grace, generous heart, loyal Love challenges: Stubborn, power issues, angry if ignored Love means: Loyal devoted partner SAGITTARIUS

Love assets: Good teacher, optimistic, encouraging, funny Love challenges: Direct in speech, know-it-all attitude, shows signs of bachelor/bachelorette

Love means: Relaxed "live and let live" partner



TAURUS

Love assets: Kind, steadfast, patient

Love challenges: Slow to respond, lazy, listens to you but does what they want to do

Love means: Lifetime partner with strong family ties VIRGO

Love assets: Detail-oriented, a fixer, a true heart Love challenges: Self-esteem issues, over thinks things, worries a lot

Love means: Loving partner who remembers the little things CAPRICORN

Love assets: Steady, thinks long term, surprisingly sentimental

Love challenges: Quiet, poor at expressing romantic feelings, fear they're not good enough

Love means: Lifetime partner who honors traditional values

Tori Spelling: Read About Her Psychic sTORI!



Many of you know Tori Spelling from the popular '90s TV drama Beverly Hills 90210, but we know a different side of Tori. She's been quite busy since her days as Donna, including starring in and executive producing her own reality shows where we see her as a wife, mother, actress, author, and entrepreneur. It's hardly fathomable that she has time to breathe!

But Tori doesn't do this alone. She's always been a fan of psychics and in her book "Spelling It Like It Is" she confesses, "...for me having a psychic at the door is as common as a pizza delivery guy in a college dorm room." Tori's consulted a reiki master during her last few pregnancies and even scheduled the date of her Cesarean Section with youngest son Finn. When her pug, Mimi LaRue passed away, Tori found comfort from a pet psychic, and she's had countless readings regarding her father, her past lives, and her children.

While the well-known actress has spoken to her fair share of psychics, she now turns to Psychic Source. Fans of hers know that she's not shy when it comes to trying new psychics and investigating their validity. In her book "uncharted terriTORI" (see what she does there?) Tori shares, "I explore new psychics the same way some people try out new restaurants. If there were a Zagat that reviewed psychics, I'd keep it on my bedside table for handy access." She even played a clairvoyant in the movie Mind over Murder! Tori considers our Advisors to be trusted confidants and, when it comes to balancing it all, finding stability, and making tough decisions she knows that they are there for her 24/7.

The reality TV star is clearly not afraid to share her life with the world—she's an open book. But even Tori Spelling needs some privacy now and then. She respects and turns to Psychic Source because she can trust us to provide unbiased guidance when she's looking for a different perspective. And Tori uses phone psychics because they read you and your energy--not your clothes or body language. The best part? We love our relationship with Tori, not only because of her passion for psychics but also because she's completely honest with us about her Psychic Source readings!

To read about Tori Spelling's psychic readings visit **PsychicSource.com/sTORI** and follow the sTORI using **#PsychicsTORI**.

Free Love Advice: Get it While it's Hot!



Carmaleena x8689 What is my partner thinking/feeling?

"I often get calls from clients who are confused about what is happening in their relationship. They wonder if they're misreading the situation or they have doubts about what the other person is actually feeling. Communication is a vital key for clearing up misunderstandings or doubts. Express what you want in your relationship. Be direct, honest, and come from your heart. Ask what you want to know from your partner and allow them to express themselves freely."



Levana x9252 W

Where does love begin?

"Love is never found outside you; only within. It rises from your depths to wash over you as your partner holds you; it emerges in the quietest of moments as you think of your partner and smile. Your lover may be the greatest excuse for love to fill up your days, but the love is always of your own creation. He/She inspires you to find it. If life, in its wise and unpredictable ways, charges you to find this love alone, turn within. Your infinite soul offers a reservoir of love so great that no human heart could ever manage to hold it all. Single or not, remember you are always loved; you are love."



Narnia x7735 How can I find happiness in life and love?

"The best way to find love is to love yourself. I know it sounds cliché, but to draw a loving caring partner to you, you must be happy and fulfilled within yourself. Many people seek in others that which is missing from within themselves, but when you try to put the burden of "making you happy" on a partner, sometimes it can be overwhelming. It can stress your partner or subconsciously undermine your relationship by setting an unrealistic expectation. If you can fulfill your own self in life you'll draw positive people who can love you for you and you can love them for who they are instead of needing them to be what's missing in your life."



Renee Marie x8632 *What are the keys to a healthy relationship?*

"Communication, listening and intimacy. You must communicate to understand what your partner needs and wants. You should listen to your partner and put yourself aside so you can better understand where they're coming from. And you should nurture your deep connection–intimacy is not just about sex! Tell your partner how much he means to you and how much you appreciate him. We tend to take each other for granted. Give a spontaneous kiss or hug; trust me it works!"



Kay x7102

Delia x9106

How can I feel positive if I'm single on Valentine's Day?

"Valentine's Day can sometimes be a sad reminder of the past but it should be a reminder that all great things come from love. Tapping into our heart's field of energy can end wars, create abundance, and heal the pain of millions. The love we hold within transmutes "I hope" into "I believe" and "I believe" into "I know" "...I know my life holds the happiness I seek because all wonderful things are born of love." That love is within us all and the secret is to give it away with our smile, a kind touch, a gentle word of encouragement, and most of all in honoring ourselves. It's not just for couples. Love is for all. Namaste."



Valentina x9217 When will I meet "The One"?

"I'm often asked, "When will I meet my soulmate?" Replace your anxiety with faith. Believe that you are worthy and deserving of a wonderful partner. Trust that this person will be presented to you. Learn to let go and believe that your past does not define your future. Treat yourself well and do what you need to in order to love YOU. When we are happy with ourselves we project a positive self-image. Be good to yourself. We all make mistakes but we don't have to make the same mistakes again! By loving ourselves we are ready for someone to love us!"



Where can true love be found?

"The first step in finding your true love is to fall in love with yourself first! Take some time to get to know you. Realize your self-worth and treat yourself the way you want your true love to treat you. The second step is to be clear on what it is that you truly want in your forever relationship. The longer your priority list, the better. Keep it all in the positive! Letting go of the old is the last step. Oftentimes we have emotional cords to past relationships. See that person (or persons) in your mind's eye and let them go in love and light. This will clear your aura and allow space for that forever love to manifest."

For entertainment only. 18+

It's time to get personal, honest, and heartfelt with your favorite psychics on your most intimate topics.



Stella x7343

Arthur x8237

How do I overcome obstacles with my partner?

"When you enter a relationship, you are no longer a "one". You must consider the other person and communicate. Without communication, you have nothing but a blank slate to assume what the other is thinking or wanting. When something becomes a habit and you can't make yourself comfortable or accept it, immediately, calmly and kindly get to the meat of this walnut and then throw the walnut shell away and don't go backward to think about this ever again. Fill your relationship with memories, trust, faithfulness, ambition, compassion, steadfastness, smiles, winks, loving words and gestures."



Do you have any advice for men on Valentine's Day?

"When it comes to Valentine's Day, some guys just don't "get it." So listen up! On the night of your big date, pick up a dozen red roses (ordered in advance), pop in a breath mint, and greet her at the door with a kiss. Be a gentleman and open doors for her. At dinner, lovingly stare into her eyes and ignore what's going on around you. Make her feel totally appreciated. Fill her wine glass and sincerely compliment her when you have a chance. When coffee and dessert are being served, find out what she feels like doing next. Pick up the tab, and head out to whatever is awaiting. Believe me, she'll remember the night and tell her friends all about it!"



Seraphina x9023 How can I get my partner to step it up?

"Many people ask how they can get more from their partner or what they can do to change things. First you must stop focusing on what your partner does wrong and focus on what he/she does right. Tell him that you like how he always comes in smiling or that he never complains when you eat the last cupcake. Focusing on the positive will help bring more positive. This helps to shift the energy for you both and you'll start to see more of what you like. Your partner will also feel like he is being appreciated. We all want the same thing; for someone to connect with us and feel that they see good in us. Be the light that shines even when things are not great. This will bring love every time."



What can I do to enhance my love life?

"Whether you're looking for love or are in a relationship that seems to be going nowhere, there are definite practices you can do to enhance a relationship or bring a relationship to you. It starts with intention...saying all the affirmations in the world will not make it happen faster or make it better. You must do your part by taking inspired action rather than compulsive action. Your inspired action comes from a place of being guided (gut feeling, intuition) to do something. Remember, compulsive action is driven from a place of emptiness, and lack of fulfillment, desperation, loneliness, and fear. Broadcast daily to yourself that you connect with life and love and you will become magnetized by attracting love and all that is good in life!"



Kali x7635

Paige x7868

How does energy affect the push/pull of relationships?

"We've all been there - "When is he or she going to contact me?" This is always a big question and I always advise people to do what your heart says to do. When we are fearful of what may be happening with the other person, then we put that energy out there and it causes a ripple effect and we get those results we worried about. Sending love to your situation will always insure a good outcome. Most of the time it's really not about you or the feelings the person has about you, but something in their life or how they feel about themselves and their confidence level. So when you feel you should reach out, do it because the other person may be hoping that you do."



Penelope x7710 How do I keep positive and avoid anxiousness while finding the one?

"Claim your golden nugget early on...that is, listen for that positive habit that your dating partner shares about themselves. For example, perhaps a person has a workout schedule that they adhere to 5 days week. Listen and learn how they developed such discipline. Often we find out unique things about our partner. Dating is a time of self-discovery, a time for you to display the very best of who you are. Your date will want to impress you as well. So in the process, have fun, be light, and do claim a golden nugget or two!"

Is Money Your Biggest Relationship Struggle?



by Psychic Kimberle x8608

Do arguments in your relationship always seem to come back to money? While it may be a painful conversation, you'll need to evaluate your relationship with money and your partner's relationship with money to solve this. Once we can relate to, or understand, our partner's (and our own) relationship with money we can start to heal ourselves and work as a team.

Here are a few examples of different relationships with money:

- Your partner may have come from what seemed to be a very comfortable upbringing but if the value of money was spoken about with a sense of shame, guilt or control attached to it, then they may have actually suffered more emotionally than those who had little money growing up. The concept of money will own them.
- Your partner may have been raised to save all their money and so this anxiety of not saving enough secretly chips away at them. When an emergency arises and any savings is spent they may feel resentment.
- Sour partner may have had very little growing up so when they get money their impulse control goes out the window because they feel they need to get everything now and are perpetually broke.

- Sour partner may feel the need to be responsible for everyone and has actually made money into a third person in your relationship because it's never enough money that they have made or can obtain. These people often cannot relax.
- Your partner may have inherited money from a parent or loved one and can't seem to make peace with this so they can't spend that money but have no trouble spending your money.
- Sour partner may feel they need the finer things in life to appear to have more to compensate for others areas of their life they do not feel adequate in.

It's very common for two people to have opposing views and you both must work to meet in the middle and grow as a couple. Money is tied into our first chakra--our root chakra. It's connected to our sense of security or safety in the world. Our relationship with the world will generally be tied into our relationship with money.

So ask yourself - Do I feel safe in the world?

How much money would fix this? The truth is that money is just a thing. If you practice the mantra, "At this very moment I have everything I need," you'll find that right now you actually do have everything you need.

Love, Sex and the Vernal Equinox.



by Psychic Arthur _{x8237}

What's the one thing to look forward to during the long winter months? Obviously the first day of Spring! The March Equinox, or Vernal Equinox, will occur on March 20, 2016. An equinox happens twice each year (March 20th or 21st and September 22nd or 23rd) when the tilt of the Earth, with respect to the Sun, is 0° and both days have an equal length of the day and the night (12 hours of daylight and 12 hours of night). Now, as we head into the coming equinox, some interesting planetary action that will be happening!

First of all, Mars, the ruling planet of Aries, will be moving through the sign of Sagittarius at the time of the March Equinox and squaring up against Venus in soft and refined Pisces. This kind of energy usually signals Eros (heat and fantasy); however, it would be wise to slow down with any "over-the-top" action and simply enjoy the rewards of a fun and flirty romance. In other words, stop, look, and listen to your head (and not your heart) before jumping headfirst into any sizzling relationships. While it can still be very sensual, put your toe in the water first and take your time!

With both Mercury and Venus in Pisces, it's just about the best time to show appreciation to your partner and loved ones, while embracing gentle overtures from them as well. The one sobering planet will be Saturn, which will actually tamp down and hold back some of the wild adventure that's normally found in Sagittarius. Yet, as Saturn will be making a stabilizing aspect with the Moon in playful Leo, you'll find creative expression easier than you think. You can still fly your "freak flag" with Saturn in Sagittarius, supporting quirky Uranus in Aries, but remember not to go overboard!

Believe me, a little flirty fling or romantic experimentation can go a long way!

Can Social Media Improve Your Love Life?

m unlall

PINTEREST

If you have a

account, you've

probably found

a million and one

things to read, create,

and share (and a million

and two ways to waste

the Psychic Source

Don't believe us?

Pinterest page is.

time). What you might not

have realized is how valuable

Here are a few of our boards:

Pinterest

INSTAGRAM

It's fairly wellknown that our Ask-a-Psychic events on Facebook are extremely popular. They're the easiest way to get a free, detailed response from a psychic while you're juggling other things. So we've got some exciting news...

We've brought Ask a Psychic to Instagram!

Get answers to questions such as:

"I met her online and can't seem to get a good read on her."

"I have a bad feeling but my family finds him absolutely charming."

"She seems too good to be true. Am I missing something? Does she have a hidden past?"

"Why am I still single...am I doing something wrong?"

Each Wednesday, look for the Instagram post signifying that our Ask a Psychic event has begun, post your question, and wait. Our psychics randomly choose a different winner each week. And to let you in on a little secret, since we just started doing this on Instagram, your odds are much higher for getting your question answered. • Inspirational Quotes – Whether Valentine's Days got you down in the dumps or you're bursting at the seams to share the love, you'll find a quote to represent how you're feeling.

• Get to Know Our Psychics – Your love life is personal, so we recommend getting to know the psychics before choosing one to contact. Find the one whose Pinterest board resonates with your own energy.

• **Paranormal** – The world beyond our own is mysterious, alluring, and very much real. We could spend hours discussing paranormal happenings, or you could browse our Pins yourself.

• **Giveaways** – Want free readings? Of course you do! Our Pinterest giveaways are yet another super easy way to win Bonus Dollars, free readings, and other surprise prizes!





Facebook in February is the place to get free love questions answered. Stop by for daily inspiration or follow our page so you never miss a beat.





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Will this Valentine's Day be different?

Ask an Advisor.

Friday, February 12th to Sunday, February 14th

Three days of unlimited bonus dollars*

Add \$50 - Get \$5 Add \$100 - Get \$15 Add \$200 - Get \$40

Redeem promo code 232908

Your sun sign can predict your love path.

Try an Astrology Reading to find out your compatibility.

Wednesday, February 24th to Thursday, February 25th

Two days of savings*

Save 10% on select Advisors

No promo code needed

Find out how the Spring Equinox and Planetary Alignment will affect your relationship.

Sunday, March 20th to Monday, March 21st Two days of unlimited bonus dollars*

Add \$30 - Get \$3 Add \$60 - Get \$9 Add \$90 - Get \$18

Redeem promo code 112255

*Existing member only. Not to be combined with any other offer.